

Good

Milk 

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There was once a boy  
named Fred. Fred love to  
drink milk. His favorite thing  
to drink, was milk.



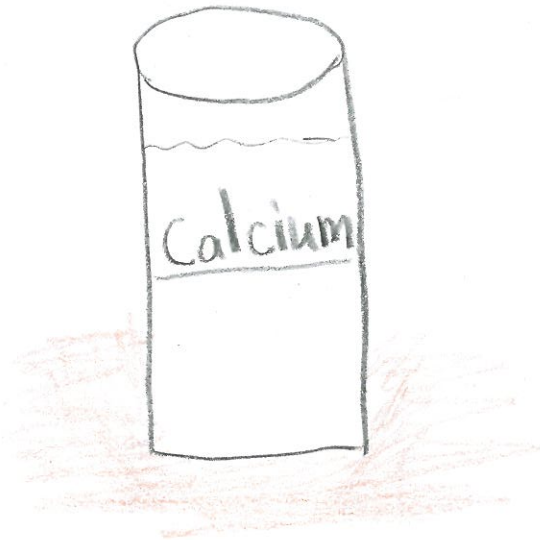
Fred also had a brother named Shawn. Shawn didn't like to drink milk. He always said it wasn't "good milk".



One day his mom noticed that Fred was a lot stronger than Shawn. The mom also noticed that Fred drank more milk than his brother.



The mom realized that Fred was getting a lot more calcium than Shawn. Calcium is in milk and makes your bones strong.



From that day on, the mom gave Shawn a glass of milk every day. Fred and his brother grew up to be very strong and healthy men. They grew up to be like this because they drank a glass of "good milk" every day.

