

The Super

Secret!

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Shhhhhh hhhhhh

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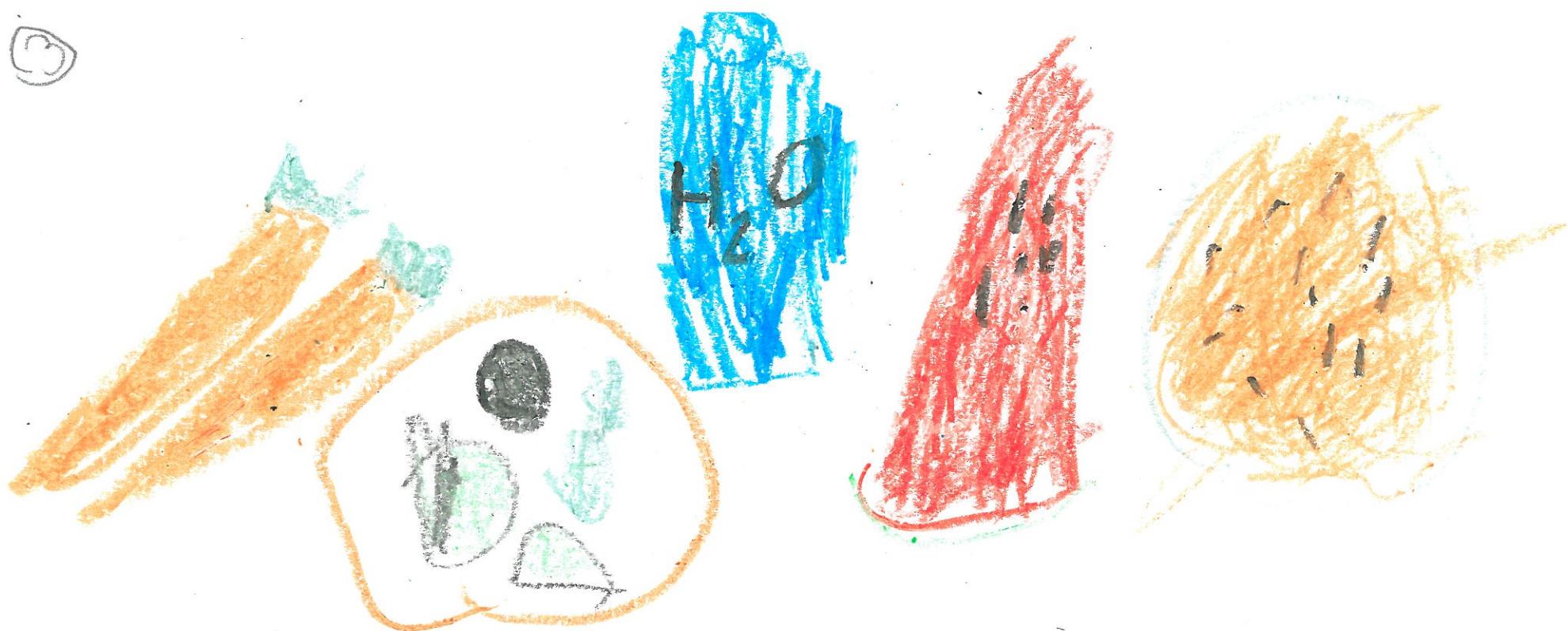
Thumbariha and
a Secret. A big } Giselle
huge have
one.

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They have super powers!
It did not come from a fairy
or a wish. It did not come
from a shooting star or a genie.

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The Super Powers come from
Super Foods! Every day they
eat carrots, watermelons, cantaloupe,
drink lots of milk and water.

(4)



They have super powers from
good food. They have perfect
vision and laser eyes! They can
lift a house! They can
fly. They are strong super guys.

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If you want super powers

you should eat super foods
just like Thumballina and

Gisella. But remember Shh... It's a secret