

Channel **8.1** with antenna **1008** on Cox & CenturyLink Prism, **8** on Suddenlink

**NHK NEWSLINE** M-F 5 a.m.  
**BBC WORLD NEWS** M-F 5:30 a.m.  
**BBC WORLD NEWS AMERICA** M-F 4:30 p.m.  
**CRONKITE NEWS** M-F 5 p.m. & 11 p.m.  
**ARIZONA HORIZON** M-F 5:30 p.m. & 10 p.m.  
**PBS NEWSHOUR** M-F 6 p.m.  
**DW: THE DAY** M-F 10:30 p.m.

### ANTIQUES ROADSHOW "DESERT BOTANICAL GARDEN"

Monday, March 23 & 30 at 7 p.m.

	7:00 P.M.	7:30 P.M.	8:00 P.M.	8:30 P.M.	9:00 P.M.	9:30 P.M.
1 SUN	Soul Legends (My Music)		Sesame Street: 50 Years & Still Sunny*		Pink Floyd Live*	
2 MON	Suze Orman's Ultimate Retirement Guide*				Suze Orman's Ultimate Retirement Guide	
3 TUE	Birdwatching Across Arizona*			Rick Steves' Tasty Europe	Super Tuesday: PBS NewsHour	Birdwatching Across Arizona
4 WED	Dr. Fuhrman's Food as Medicine				Expedition* Greenland - Ice Mountain	
5 THU	A Taste of "Plate & Pour"*			Duran Duran: A Diamond in the Mind*		
6 FRI	Washington Week	Suze Orman's Ultimate Retirement Guide				Ken Burns: The National Parks
7 SAT	Chuck Berry: Brown-Eyed Handsome Man*		Doo Wop to Pop Rock: My Music Celebrates 20 Years*			
8 SUN	Celtic Woman: The Best Of*		Downton Abbey Live			Suze Orman's Ultimate Retirement Guide
9 MON	Jonathan Antoine in Concert: Going the Distance*			Highwaymen Live at Nassau Coliseum		
10 TUE	Suze Orman's Ultimate Retirement Guide				Rick Steves Fascism in Europe	
11 WED	Relieving Stress with Yoga with Peggy Cappy		Food Fix with Mark Hyman, M.D.			
12 THU	Members' Choice					
13 FRI	Members' Choice					
14 SAT	Members' Choice					
15 SUN	Members' Choice					
16 MON	Antiques Roadshow* Crocker Art Museum		Antiques Roadshow Green Bay		Independent Lens* I Am Another You	
17 TUE	Niall Ferguson's Networld* Disruption		Niall Ferguson's Networld* Winner Takes All		Niall Ferguson's Networld* Network War	
18 WED	Nature Yosemite		Nova Japan's Killer Quake		Food - Delicious Science We Are What We Eat	
19 THU	Plate & Pour*	Art in the 48*	Operation Grand Canyon* Part 1		Shakespeare & Hathaway This Cursed Hand	
20 FRI	Washington Week	Antiques Roadshow Recut*	Great Performances at the Met* Turnandot			
21 SAT	Father Brown The Passing Bell		Death in Paradise Series 7, Episode 5		Grantchester Season 3, Episode 6	
22 SUN	Inside the Court of Henry VIII		The Chaperone on Masterpiece			
23 MON	Antiques Roadshow* Desert Botanical Garden		Antiques Roadshow Green Bay		POV* The Rescue List	
24 TUE	East Lake Meadows: A Public Housing Story*				Frontline* NRA Under Fire	
25 WED	Nature The World's Most Wanted Animal		Nova* Transplanting Hope		Earth's Sacred Wonders* House of the Divine	
26 THU	Plate & Pour*	Art in the 48*	Operation Grand Canyon* Part 2		Shakespeare & Hathaway Beware the Ides of March	
27 FRI	Washington Week	Antiques Roadshow Recut*	Somewhere South*		Inn at Little Washington: A Delicious Documentary*	
28 SAT	Father Brown The Whistle in the Dark		Death in Paradise Series 7, Episode 6		Grantchester Season 3, Episode 6	
29 SUN	Call the Midwife*		Garth Brooks: The Library of Congress Gershwin Prize*			Opry Salute to Ray Charles
30 MON	Antiques Roadshow* Desert Botanical Garden		Antiques Roadshow Spokane		Independent Lens* One Child Nation	
31 TUE	Secrets of the Dead Ben Franklin's Bones		American Experience Polio Crusade		Frontline* Plastic Wars	

\* New program

	SUN+	MON	TUES	WED	THU	FRI	SAT
5 a.m.	Horizonte			NHK Newsline			Garden Smart*
5:30	Americas Now			BBC World News			Growing a Greener World
6:00	Mr. Rogers' Neighborhood			Ready Jet Go!			America's Heartland
6:30	Dinosaur Train			Arthur			Fons & Porter's Love of Quilting*
7:00	Sesame Street			Curious George			It's Sew Easy*
7:30	Daniel Tiger's Neighborhoods			Nature Cat Xavier Riddle and the Secret Museum (3/18)			Sewing with Nancy
8:00	Pinkalicious & Peterrific			Wild Kratts Xavier Riddle and the Secret Museum (3/18)			Woodsmith Shop
8:30	Molly of Denali			Molly of Denali			MotorWeek*
9:00	Xavier Riddle and the Secret Museum			Xavier Riddle and the Secret Museum			The "This Old House" Hour
9:30	Let's Go Luna! Xavier Riddle and the Secret Museum (3/22)			Let's Go Luna! Xavier Riddle and the Secret Museum (3/16, 3/20)			
10:00	Nature Cat			Daniel Tiger's Neighborhood			Antiques Roadshow
10:30	Wild Kratts			Daniel Tiger's Neighborhood Clifford the Big Red Dog (Fridays)			
11:00	Odd Squad			Sesame Street			Jacques Pepin: Heart and Soul
11:30	Arthur			Pinkalicious & Peterrific			Joanne Weir's Plates and Places
noon	Articulate with Jim Cotter			Dinosaur Train			Christopher Kimball's Milk Street
12:30	Art in the 48			The Cat in the Hat Knows a Lot About That!			Mexico:- One Plate at a Time with Rick Bayless
1 p.m.	Nova			Sesame Street			Pati's Mexican Table
1:30				Splash and Bubbles			Cook's Country*
2:00	Big Pacific (3/22, 3/29)			Pinkalicious & Peterrific			America's Test Kitchen
2:30				Let's Go Luna!			Lidia's Kitchen
3:00	Confucius Was a Foodie* (3/22, 3/29)			Nature Cat			Keeping Up Appearances
3:30				Wild Kratts			As Time Goes By
4:00	Rick Steves' Europe			Molly of Denali Xavier Riddle and the Secret Museum (3/18)			The Lawrence Welk Show
4:30	Samantha Brown's Places to Love* (3/22, 3/29)			BBC World News America			
5:00	Family Travel with Colleen Kelly (3/1) Ask this Old House (3/22, 3/29)			Cronkite News			Joseph Rosendo's Travelscope
5:30	PBS NewsHour Weekend			Arizona Horizon			PBS NewsHour Weekend
6:00	Home Fires Season 2 on Masterpiece (3/22, 3/29)			PBS NewsHour			Nature

\* New episodes

	SUN	MON	TUE	WED	THU	FRI	SAT
midnight	Wings Over Grand Canyon (3/1) 60 min. Ken Burns: The National Parks (3/8) 120 min. Members' Choice (3/15) until 6 a.m.	5 Steps to a Loving & Purposeful Life (3/2) 120 min. Rick Steves' Holy Land (3/9) 120 min. Members' Choice (3/16) until 5 a.m. Songs at the Center (3/23, 3/30) 30 min.	ADD and Loving It?! (3/3) 30 min. Highwaymen Live at Nassau Coliseum (3/10) 90 min. Amanpour and Company 60 min.	Lionel Richie at Glastonbury (3/4) 90 min. Suze Orman's Ultimate Retirement Guide (3/11) 30 min. Amanpour and Company 60 min.	Suze Orman's Ultimate Retirement Guide (3/5) 120 min. Food Fix with Mark Hyman, M.D. (3/12) 120 min. Amanpour and Company 60 min.	Rick Steves: Fascism in Europe (3/6) 90 min. Members' Choice (3/13) until 5 a.m. Amanpour and Company 60 min.	Duran Duran: A Diamond in the Mind (3/7) 90 min. Members' Choice (3/14) all day Amanpour and Company 60 min.
12:30		Plate & Pour (3/23, 3/30) 30 min.	Yellowtone Symphony (3/3) 60 min.	Rick Steves: Fascism in Europe (3/11) 90 min.			
1 a.m.	Yellowstone Symphony (3/1) 60 min.	Ken Burns: The National Parks (3/2) 120 min.	Members' Choice (3/17) until 5 a.m.. Antiques Roadshow 60 min.	Desert Dreams (3/4) 90 min. Members' Choice (3/18) until 5 a.m. Finding Your Roots (3/25) 60 min.	Nature 60 min.	Dr. Fuhrman's Food as Medicine (3/6) 120 min. Plate & Pour 30 min.	Change Your Brain, Heal Your Mind (3/7) 120 min. Washington Week 30 min.
1:30		Brain Wash with David Perlmutter, M.D. (3/9) 120 min.	Rick Steves Fascism in Euope (3/3) 90 min. Dr. Fuhrman's Food as Medicine (3/10) 120 min.			Art in the 48 30 min.	David Rubenstein Show 30 min.
2:00	Longevity Paradox with Steven Gundry, M.D. (3/1) 90 min. Doo Wop to Pop Rock (3/8) 180 min.			Wings Over Grand Canyon (3/11) 60 min.	Wings Over Grand Canyon (3/5) 60 min. Highwaymen Live at Nassau Coliseum (3/12) 90 min. Nova 60 mins.		
2:30				Longevity Paradox with Steven Gundry, M.D. (3/4) 90 min.			
3:00		Brain Fitness Program (3/2) 120 min.	Change Your Brain, Heal Your Mind (3/3) 120 min.	Ken Burns: The National Parks (3/11) 120 min. Frontline (3/25) 60 min.	5 Steps to a Loving & Purposeful Life (3/5) 120 min.	Suze Orman's Ultimate Retirement Guide (3/6) 120 min.	Suze Orman's Ultimate Retirement Guide (3/7) 120 min.
3:30	Rick Steves Fascism in Europe (3/1) 90 min.	Celtic Woman: The Best Of (3/9) 90 min.	Desert Dreams (3/10) 90 min.		Brain Fitness Program (3/12) 90 min.		
4:00		Yoga in Practice (3/23, 3/30) 30 min.	Yoga in Practice (3/24, 3/31) 30 min.	Relieving Stress with Yoga with Peggy Cappy (3/4) 60 min. Yoga in Practice (3/25) 30 min.	Yoga in Practice (3/19, 3/26) 30 min.	Yoga in Practice 30 min.	Paint This with Jerry Yarnell 30 min.
4:30	Birdwatching Across Arizona (3/8) 90 min.	Classical Stretch 30 min.	Classical Stretch 30 min.	Classical Stretch 30 min.	Classical Stretch 30 min.	Classical Stretch 30 min.	Best of "The Joy of Painting" 30 min.
5:00	Relieving Stress with Peggy Cappy (3/1) 60 min. Horizone 30 min.	NHK Newsline 30 min.	NHK Newsline 30 min.	NHK Newsline 30 min.	NHK Newsline 30 min.	NHK Newsline 30 min.	Dr. Fuhrman's Food as Medicine (3/7) 120 min. Garden Smart 30 min.

**Sunday 1** **12:00 Wings Over Grand Canyon**

Follow the Colorado River from Castle Valley in Utah to the Grand Canyon in Arizona and Lake Mead in Nevada in this journey through landscapes of magic and mystery. Experience high alpine forests, spectacular lakes and secret canyons over the course of a thousand air miles. (Also 5 p.m.; Thu. 3/5 at 2 a.m.; Sun. 3/8 at 4 p.m.; Wed. 3/11 at 2 a.m.)

**1:00 Yellowstone Symphony**

Travel on a spectacular visual journey through the wonders of America's first national park. Set to classical music from some of the world's best composers, the park's magnificent scenery and wildlife are showcased as they change through the seasons. (Also Tue. 3/3 at 12:30 a.m.)

**2:00 Longevity Paradox with Seven Gundry, M.D.**

Dr. Gundry shares informative, life-changing information and shows a step-by-step approach to help us all feel better and more youthful today, no matter your age. (Also Wed. 3/4 at 2:30 a.m.)

**3:30 Rick Steves Fascism in Europe**

In this one-hour special, Rick Steves traces fascism's history from its roots in the turbulent aftermath of World War I to the rise of charismatic leaders who manipulated that anger. In addition, Rick chronicles the brutal measures the leaders used to enforce their ideologies, and discusses the horrific consequences of genocide and total war. (Also 3:30 p.m.; Tue. 3/3 at 1:30 a.m.; Thu. 3/5 at 11:30 p.m.; Tue. 3/10 at 9 p.m.; Wed. 3/11 at 12:30 a.m.)

**5:00 Relieving Stress with Yoga with Peggy Cappy**

Discover how to relieve stress with yoga and special breathing techniques. Using simple strategies that can be added to a daily routine, Peggy shows how to calm the nervous system and ease symptoms of anxiety, including tensions, tightness and pain. (Also Wed. 3/4 at 4 a.m.; Wed. 3/11 at 7 p.m.; Sun. 3/22 at 2 a.m.)

**6:00 Mister Rogers' Neighborhood****6:30 Dinosaur Train****7:00 Sesame Street****7:30 Daniel Tiger's Neighborhood****8:00 Pinkalicious & Peterrific****8:30 Molly of Denali****9:00 Xavier Riddle and the Secret Museum****9:30 Let's Go Luna!****10:00 Nature Cat****10:30 Wild Kratts****11:00 Odd Squad****11:30 Arthur****noon 5 Steps to a Loving & Purposeful Life**

Discover a roadmap for finding serenity, joy and purpose in life. Through a daily practice of small steps, Dr. Michael Brown provides an actionable plan for how to build our lives around compassion and kindness. (Also 11 p.m.; Thu. 3/5 at 3 a.m.)

**2:00 Victor Borge: 100 Years of Music & Laughter!**

Rita Rudner hosts this collection of one-liners, falls, double takes, plus Borge's mastery of piano variations and his outrageous stage antics. His funniest skits plus rare archival footage from the Borge family vault makes this a program you'll long remember

**3:30 Rick Steves Fascism in Europe** (See Sun. 3/1 at 3:30 a.m.)**5:00 Wings Over Grand Canyon** (See 12 a.m.)**6:00 Soul Legends (My Music)**

Join host Pam Grier in a tribute to the greatest soul hits and performers from the 1970s and 80s. Features classics by The Temptations, Marvin Gaye, Gladys Knight & the Pips, Bill Withers, The Spinners, Isaac Hayes, Minnie Riperton and more.

**8:00 Sesame Street: 50 Years & Still Sunny!**

Join host Gloria Estefan for a 50th anniversary celebration of the iconic children's series. This new documentary includes celebrity appearances, interviews with puppeteers and video clips of Sesame Street's most unforgettable moments. (Also Sat. 3/7 at 8:30 a.m.)

**9:30 Pink Floyd: Live from Venice**

Experience the first authorized version of the band's legendary 1989 "Night of Wonders" concert. Over 200,000 fans gathered in St. Mark's Square to hear them perform from a floating platform in the Venetian lagoon. (Also Sat. 3/7 at 10:30 p.m.)

**11:00 5 Steps to a Loving & Purposeful Life**

(See Sun. 3/1 at 12 p.m.)

**Monday 2** **7:00 Suze Orman's Ultimate Retirement Guide**

Join the acclaimed personal finance expert for essential advice on planning for and thriving in retirement. With empathy, straight talk and humor, Suze provides information about key steps for anyone trying to achieve their "ultimate retirement." (Also 9 p.m.; Thu. 3/5 at 12 a.m.; Fri. 3/6 at 3 a.m.; Fri. 3/6 at 7:30 p.m.; Sat. 3/7 at 3 a.m.; Sat. 3/7 at 10 a.m.; Sun. 3/8 at 2 p.m.; Sun. 3/8 at 9:30 p.m.; Tue. 3/10 at 7 p.m.; Tue. 3/10 at 10:30 p.m.; Sun. 3/29 at 12 a.m.)

**9:00 Suze Orman's Ultimate Retirement Guide** (See 7 p.m.)**11:00 ADD and Loving It?!**

Learn how to turn ADD from a hidden handicap to a strength.

**Tuesday 3** **7:00 Birdwatching Across Arizona**

Explore the unique birding scene in Arizona's varied ecosystems. (Also at 9:30 p.m.; Sat. 3/7 at 7 a.m. and noon; Sun. 3/8 at 4:30 a.m.)

**8:30 Rick Steves' Tasty Europe**

Travel expert and globetrotter Rick Steves eats his merry way through Europe, demonstrating that slowing down to truly appreciate what you eat is an essential part of any great travel experience. (Also 11 p.m.)

**9:00 Super Tuesday: PBS NewsHour - Vote 2020**

PBS NewsHour provides coverage and analysis of the Super Tuesday primary results.

**9:30 Birdwatching Across Arizona** (See 7 p.m.)**11:00 Rick Steves' Tasty Europe**

(See Tue. 3/3 at 8:30 p.m.)

**11:30 Lionel Richie at Glastonbury**

Experience the legendary Grammy Award winner's 2015 performance at the U.K.'s Glastonbury Festival. The concert includes favorites like "Dancing on the Ceiling," "All Night Long," "We Are the World" and "Three Times a Lady."

**Wednesday 4** **7:00 Dr. Fuhrman's Food as Medicine**

Learn how to use food to help prevent disease and improve health with Dr. Joel Fuhrman, expert on nutrition and natural healing, who provides the latest scientific research and practical, easy-to-follow advice. (Also 10:30 p.m.; Fri. 3/6 at 1 a.m.; Sat. 3/7 at 5 a.m.; Tue. 3/10 at 1:30 a.m.)

**9:00 Expedition with Steve Backshall**

"Greenland - Ice Mountain" - Follow Steve Backshall as he tries to summit a remote and unclimbed mountain in Greenland's Stauning Alps. After facing quicksand, a river and a glacier to reach basecamp, the climb gives Steve a unique insight into a fast-changing environment.

**10:30 Dr. Fuhrman's Food as Medicine**

Learn how to use food to help prevent disease and improve health with Dr. Joel Fuhrman, expert on nutrition and natural healing, who provides the latest scientific research and practical advice. (Also Fri. 3/6 at 1 a.m.; Sat. 3/7 at 5 a.m.; Tue. 3/10 at 1:30 a.m.)

**12:00 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.)

**Thursday 5** **7:00 A Taste of "Plate & Pour"**

Join Chef Mark Tarbell to meet people who are changing the way we eat here in Arizona. He'll join chefs in the kitchen, interview restaurant owners, chat with bartenders and celebrate our local food scene. (Also at 10 p.m.; Sat. 3/7 at 3 a.m.)

**8:30 Duran Duran: A Diamond in the Mind**

Grab a front row seat to the iconic band's stunning performance at Manchester's MEN Arena in 2011. The band delivers hit after hit, mixing classics with songs from their acclaimed album "All You Need Is Now." (Also Fri. 3/6 at 11:30 p.m.)

**10:00 A Taste of "Plate & Pour"** (See 7 p.m.)**11:30 Rick Steves Fascism in Europe**

(See Sun. 3/1 at 3:30 p.m.)

**Friday 6** **7:00 Washington Week****7:30 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.)

**9:30 Ken Burns: The National Parks**

Filmed over the course of more than six years at some of nature's most spectacular locales - from Acadia to Yosemite, Yellowstone to the Grand Canyon, the Everglades of Florida to the Arctic in Alaska - it's a story of people from every conceivable background who devoted themselves to saving some precious portion of the land they loved. (Also Sun. 3/8 at 12 a.m.; Wed. 3/11 at 3 a.m.)

**11:30 Duran Duran: A Diamond in the Mind**

(See Thu. 3/5 at 8:30 p.m.)

**Saturday 7** **1:00 Change Your Brain, Heal Your Mind with Daniel Amen, M.D.**

Dr. Amen teaches viewers 6 practical steps to help them feel happier, sharper and more in control of their own destinies. He gives viewers the most important lessons he has taught thousands of patients over the last 40 years.

**3:00 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.) (Also 10 a.m.; Sun. 3/8 at 2 p.m.; Sun. 3/8 at 9:30 p.m.; Tue. 3/10 at 7 p.m.; Tue. 3/10 at 10:30 p.m.; Sun. 3/29 at 12 a.m.)

**5:00 Dr. Fuhrman's Food as Medicine**

Learn how to use food to help prevent disease and improve health with Dr. Joel Fuhrman, expert on nutrition and natural healing, who provides the latest scientific research and practical, easy-to-follow advice. (Also Tue. 3/10 at 1:30 a.m.)

**7:00 Birdwatching Across Arizona** (See Tue. 3/3 at 7 p.m.)**8:30 Sesame Street: 50 Years & Still Sunny!**

Join host Gloria Estefan for a 50th anniversary celebration of the iconic children's series. This new documentary includes celebrity appearances, interviews with puppeteers and video clips of Sesame Street's most unforgettable moments.

**10:00 Suze Orman's Ultimate Retirement Guide**

(See Sat. 3/7 at 3 a.m.)

**noon Birdwatching Across Arizona**

(See Tue. 3/3 at 7 p.m.)

**1:30 Julia Child: Best Bites**

Celebrate the first lady of cooking with Martha Stewart, Jacques Pepin, Vivian Howard, Marcus Samuelsson, Jose Andres, Eric Ripert, Rick Bayless and more. Chefs and celebrities share personal insights as they screen Julia's most-beloved episodes.

**3:00 A Taste of "Plate & Pour"** (See Thu. 3/5 at 7 p.m.)**4:30 Brain Wash with David Perlmutter, M.D.**

We live in a time of plenty. But we suffer from catastrophic rates of chronic diseases, anxiety, depression, and loneliness. We are programmed to try to fix these things through instant gratification but wind up worse off than when we started. What's going wrong? Brain Wash is a functional roadmap that offers practical methods of reducing modern insults to our brains and decision-making. (Also Mon. 3/9 at 1:30 a.m.; Mon. 3/9 at 10 p.m.)

**6:30 Chuck Berry: Brown-Eyed Handsome Man**

Celebrate the father of rock-'n'-roll with legendary artists including The Beatles, The Rolling Stones, Bruce Springsteen, Jimi Hendrix, Tom Petty, Linda Ronstadt, Jeff Lynne and more performing favorite songs by their self-proclaimed hero.

**8:00 Doo Wop to Pop Rock: My Music Celebrates 20 Years**

Celebrate 20 years of greatest hit songs from the 50s to the 70s featuring legendary performers The Kingston Trio, Glen Campbell, Aretha Franklin, Engelbert Humperdinck, Judy Collins, Davy Jones, Mel Carter, Patti Page and more. (Also Sun. 3/8 at 2 a.m.)

**10:30 Pink Floyd: Live from Venice****Sunday 8** **12:00 Ken Burns: The National Parks**

From Acadia to Yosemite, Yellowstone to the Grand Canyon, explore the story of people from every conceivable background who devoted themselves to saving some precious portion of the land they loved. (Also Wed. 3/11 at 3 a.m.)

**2:00 Doo Wop to Pop Rock: My Music Celebrates 20 Years**

(See Sat. 3/7 at 8 p.m.)

**4:30 Birdwatching Across Arizona** (See Tue. 3/3 at 7 p.m.)**6:00 Mister Rogers' Neighborhood****6:30 Dinosaur Train****7:00 Sesame Street****7:30 Daniel Tiger's Neighborhood****8:00 Pinkalicious & Peterrific****8:30 Molly of Denali****9:00 Xavier Riddle and the Secret Museum****9:30 Let's Go Luna!****10:00 Nature Cat****10:30 Wild Kratts****11:00 Odd Squad****11:30 Arthur****noon Rick Steves' Holy Land: Israelis and Palestinians Today**

Rick Steves visits the major sights, but delves deeper to better understand and empathize with both peoples. (Also 11:30 p.m.; Wed. 3/11 at 10 p.m.)

**2:00 Suze Orman's Ultimate Retirement Guide**

(See Sat. 3/7 at 3 a.m.) (Also 9:30 p.m.; Tue. 3/10 at 7 p.m.; Tue. 3/10 at 10:30 p.m.; Sun. 3/29 at 12 a.m.)

**4:00 Wings Over Grand Canyon**

Follow the Colorado River from Castle Valley in Utah to the Grand Canyon in Arizona and Lake Mead in Nevada in this journey through landscapes of magic and mystery. Experience high alpine forests, spectacular lakes and secret canyons over the course of a thousand air miles. (Also Wed. 3/11 at 2 a.m.)

**5:00 Bluegrass Now!**

Join Rhonda Vincent and Jim Lauderdale for a grand celebration of Bluegrass with artists Alison Brown, Becky Buller, Dan Tyminski, Frank Solivan & Dirty Kitchen, Larry Sparks, Michael Cleveland & Flamekeeper, Missy Raines and Molly Tuttle.

**6:30 Celtic Woman: The Best Of**

Be transported to Ireland to celebrate magical moments and memories from 15 years of making music. Filled with favorite songs from their journey so far, this new special showcases Celtic Woman's angelic voices and instrumental virtuosity. (Also Mon. 3/9 at 3:30 a.m.)

**8:00 Downton Abbey Live: Cast, Creators & Spoilers Too!**

Join host Deborah Roberts along with cast members and creators for a celebration of the beloved series and insights into the feature film. Guests will reveal behind-the-scenes stories and discuss clips from the movie.

**9:30 Suze Orman's Ultimate Retirement Guide**

(See Sat. 3/7 at 3 a.m.)

**11:30 Rick Steves' Holy Land: Israelis and Palestinians Today**

(See Sun. 3/8 at 12 p.m.)

**Monday 9** **7:00 Jonathan Antoine in Concert: Going the Distance**

Jonathan Antoine had two No. 1 albums on the U.K. classical charts by the age of 20. Discover his journey from a shy 17-year-old facing Simon Cowell on "Britain's Got Talent" to a virtuosic tenor. Jonathan is joined onstage by an orchestra, choir, a cappella group and acclaimed cellist Tina Guo for a medley of Disney classics, Broadway numbers and opera standards.

**8:30 The Highwaymen Live at Nassau Coliseum**

Join Willie Nelson, Waylon Jennings, Johnny Cash and Kris Kristofferson - "the Mount Rushmore of country music" - for this live concert recorded in 1990. The Highwaymen perform classics like "Big River," "Me and Bobby McGee" and "Always on My Mind." (Also Tue. 3/10 at 12 a.m.; Thu. 3/12 at 2 a.m.)

**10:00 Brain Wash with David Perlmutter, M.D.**

(See Sat. 3/7 at 4:30 p.m.)

**12:00 The Highwaymen Live at Nassau Coliseum**

(See Mon. 3/9 at 8:30 p.m.)

**Tuesday 10** **7:00 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.)

**9:00 Rick Steves: Fascism in Europe**

(See Thu. 3/5 at 11:30 p.m.)

**10:30 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.)

**Wednesday 11** **7:00 Relieving Stress with Yoga with Peggy Cappy**

Discover how to relieve stress with yoga and special breathing techniques. Using simple strategies that can be added to a daily routine, Peggy shows how to calm the nervous system and ease symptoms of anxiety, including tensions, tightness and pain. (Also Sun. 3/22 at 2 a.m.)

**8:00 Food Fix with Mark Hyman, M.D.**

Our most powerful tool to reverse the global epidemic of chronic disease, heal the environment, reform politics, address social injustice, and revive economies is food. What we eat has tremendous implications not just for our waistlines, but also for the planet, society, and the global economy. (Also Thu. 3/12 at 12 a.m.; Sun. 3/22 at 3 a.m.)

**10:00 Rick Steves Holy Land: Israelis and Palestinians Today**

(See Sun. 3/8 at 11:30 p.m.)

**12:00 Food Fix with Mark Hyman, M.D.**

(See Wed. 3/11 at 8 p.m.)

**Thursday 12** **7:00 Members' Choice**

Arizona PBS presents an encore of the most popular programming based on viewers' response to our March membership drive. Visit our website, azpbs.org/schedule or call 602-496-8888 for the latest program information.

**Friday 13** **7:00 Members' Choice****Saturday 14** **All day: Members' Choice****Sunday 15** **Noon and following: Members' Choice****Monday 16****7:00 Antiques Roadshow**

"Crocker Art Museum Hour 3" - Roadshow is California dreamin' with the discovery of treasures at Crocker Art Museum including a Marvel Silver Age comics collection, a Moglia micromosaic plaque of Beatrice Cenci made around 1870 and 1983-1999 Barack Obama letters. One is \$85,000. (Also Sat. 3/21 at 10 a.m.)

**8:00 Antiques Roadshow**

"Green Bay, Hour Two" - A Renaissance-revival poison ring from around 1875, a 1939 Union Pacific premiere banner and a Harry Bertoia spray sculpture made around 1965.

**9:00 Independent Lens**

"I Am Another You" - Join Chinese filmmaker Nanfu Wang and Dylan, a young homeless drifter who left a comfortable home and loving family, in this mysterious cross-cultural road trip that explores of the limits and meaning of freedom.

**10:30 Arizona Horizon****11:00 Cronkite News****11:30 The Future of America's Past****12:00 Amanpour and Company****Tuesday 17****7:00 Niall Ferguson's Network**

"Disruption" - Focusing on the great network revolution of our time and the Protestant Reformation, Niall Ferguson untangles important issues surrounding why social media networks polarize us, why some ideas go viral and why truth itself is at a disadvantage.

**8:00 Niall Ferguson's Network**

"Winner Takes All" - Looking at lessons from the past, Niall Ferguson tells the story of how a decentralized worldwide web shifted to become a highly profitable network controlled by a tiny elite selling our attention for billions to the world's advertisers.

**9:00 Niall Ferguson's Network**

"Network War" - Focusing on the geopolitics of our interconnected world, with lessons from terrorism and surveillance, Niall Ferguson shows how our democracies are under threat from forces that exploit and weaponize the social networks that we invented.

**10:00 Arizona Horizon****10:30 DW the Day**

**11:00 Cronkite News**

**11:30 Rick Steves' Europe**

"Sicilian Delights" – Sicily serves up a full-bodied and tasty travel experience. Rick dines on fresh seafood at the fisherman's harbor in Cefal, ponders ancient Greek greatness in Siracusa, communes with monks – alive and departed – in a Capuchin crypt, sleeps in an olive orchard at an agriturismo, and eats his way through a classic Sicilian banquet with a famous chef.

**12:00 Amanpour and Company**

## Wednesday 18

**7:00 Nature**

"Yosemite" - Yosemite is a land forged in wildfire and sculpted by water, but with climate change, water is scarcer and fire more common. Join scientists and adventurers to investigate how these global changes are affecting one of America's greatest wildernesses. (Also Sat. 3/21 at 6 p.m.)

**8:00 Nova**

"Japan's Killer Quake" - This special combines tragedy and survival, compelling eyewitness videos, explanatory graphics and exclusive helicopter footage for a unique look at the science behind the catastrophe. (Also Sun. 3/22 at 1 p.m.)

**9:00 Food - Delicious Science**

"We Are What We Eat" - Travel the world with Michael Mosley and James Wong to discover how the chemistry in our food affects our brains and creates our deepest cravings. This is delicious science.

**10:00 Arizona Horizon**

**10:30 DW the Day**

**11:00 Cronkite News**

**11:30 Roadtrip Nation**

"Get Out There" - In NYC, the road-trippers meet the mechanical engineer who's pushing touch technology into the future. Katherine Kuchenbecker is working on haptic technologies that will shape medicine, commerce, and more. Next up, artist and activist Zaria Forman talks about the transformative power of travel, and entrepreneur Jewel Burks tells her gutsy story of building a company from the ground up.

**12:00 Amanpour and Company**

## Thursday 19

**7:00 Plate & Pour**

Mark heads north to talk – and taste – Arizona wines with Maynard James Keenan at Caduceus Cellars Tasting Room. He also tours Terra Farm Manor, a culinary get-away in the Prescott National Forest, and chats with Christina Barrueta about her new book on Arizona wines. (Also Fri. 3/20 at 11:30 p.m.)

**7:30 Art in the 48**

A conversation with Phoenix Symphony's Matthew Kasper—one of the youngest conductors in the world. The art of blacksmithing. A visit to a free musical program for inner-city kids. And, behind the scenes of SMoCA's new outdoor art installation.

**8:00 Operation Grand Canyon with Dan Snow**

Part 1. Dan Snow recreates John Wesley Powell's pioneering 1869 expedition along the Grand Canyon, traversing the Colorado rapids in replicas of the wooden boats used in the original trip.

**9:00 Shakespeare & Hathaway-Private Investigators**

"This Cursed Hand" - Failed actor Harold Hamworthy has a penchant for mischief and hogging the limelight. But when he absconds with Sebastian's tourists during a Shakespearean ghost walk, something upstages him - a dismembered human hand.

**10:00 Arizona Horizon**

**10:30 DW the Day**

**11:00 Cronkite News**

**11:30 Horizonte**

**12:00 Amanpour and Company**

## Friday 20

**7:00 Washington Week**

**7:30 Antiques Roadshow Recut**

"Politically Collect 1" - Electing and collecting: These two great American traditions combine in one historic half-hour. Part One commemorates political battles long past, with treasures that hail from red states and blue.

**8:00 Great Performances at the Met**

"Turandot" - Enjoy Puccini's famed final opera with this epic fairytale production set in China from Franco Zeffirelli starring soprano Christine Goerke in the title role. Yannick Nezet-Seguin conducts.

**10:30 Arizona Horizon**

**11:00 Cronkite News**

**11:30 Plate & Pour**

**12:00 Amanpour and Company**

## Saturday 21

**7:00 Father Brown**

"The Passing Bell" - A new musical director for the bell-ringers of St Marys leads to discord, disharmony and the bloodcurdling sound of murder. Jamie Cheeseman arrives from London ready to modernise the musical offerings of St Mary's.

**8:00 Death in Paradise**

"Series 7, Episode 5" - The island's Day of the Dead celebrations are cut short by a woman's death and Jack and his team must navigate the waters of the elitist Yacht Club in order to catch the killer.

**9:00 Grantchester Season 3 on Masterpiece**

"Season Three - Episode Six" - Sidney tries to right a wrong; so does Georgie. Mrs. Maguire has some of her questions answered and turns a new leaf. Amanda gives Sidney an ultimatum.

**10:00 Modus**

Join Ingar and the Swedish police as they prepare for a state visit by U.S. President Helen Tyler. The excitement of having the newly elected president in Stockholm is short-lived, as President Tyler mysteriously disappears.

**11:00 Austin City Limits**

"Kane Brown/Colter Wall" - Savor the best of today's country music with Kane Brown and Colter Wall. Georgian country singer Brown plays hits and songs from his album "Experiment." Canadian artist Wall sings cowboy and Western songs from his LP "Songs of the Plains."

**12:00 Retire Safe & Secure with Ed Slott**

"Retire Safe & Secure with Ed Slott for 2020"

## Sunday 22

**7:00 Inside the Court of Henry VIII**

Part Renaissance prince, part medieval tyrant, Henry VIII is the most famous of English kings. Venture beyond the façade of his glamorous court to understand the danger and intrigue that routinely cost courtiers their heads.

**8:00 The Chaperone on Masterpiece**

Norma Carlisle, a Kansas society matron who never broke a rule in her life, impulsively volunteers to accompany Louise Brooks, a restless, reckless 15 year-old to New York for the summer.

**10:00 Churchill's Secret on Masterpiece**

Michael Gambon stars as Winston Churchill in this dramatization of Churchill's life-threatening stroke in 1953, when he was prime minister. His illness was kept secret from the world. Romola Garai plays the remarkable nurse who cared for him.

**12:00 Songs at the Center**

Artists: Cheley Tackett, Micah Kesselring, Mandy Cook, and hosted by songwriter Eric Gnezda.

**Monday 23****7:00 Antiques Roadshow**

"Desert Botanical Garden Hour 1" - Phenomenal Phoenix finds abound at the Desert Botanical Garden including Neil Armstrong-signed Apollo 11 Moon Landing photos, a Tongan war club made around 1800 and 1993 "Magic: The Gathering" beta cards. Which is appraised for up to \$100,000? (Also Sat. 3/28 at 10 a.m.)

**8:00 Antiques Roadshow**

"Green Bay, Hour Three" - A Belle Epoque diamond necklace from about 1915, 1952 and 1954 baseball cards, and Cheyenne cradleboard made around 1895.

**9:00 POV**

"The Rescue List" - In a rehabilitation shelter in Ghana, two children are recovering from enslavement to fishermen. But their story takes an unexpected turn when their rescuer embarks on another mission and asks the children for help.

**10:30 Arizona Horizon****11:00 Cronkite News****11:30 The Future of America's Past****12:00 Amanpour and Company****Tuesday 24****7:00 East Lake Meadows: A Public Housing Story**

Learn the history of East Lake Meadows, a former public housing community in Atlanta. Stories from residents reveal hardship and resilience, and raise critical questions about race, poverty and who is deserving of public assistance.

**9:00 Frontline**

"NRA Under Fire" - Once an unrivaled power, the NRA is facing challenges from all sides. How the NRA aligned with President Trump and his base, but is under attack ahead of the 2020 election.

**10:00 Arizona Horizon****10:30 DW the Day****11:00 Cronkite News****11:30 Rick Steves' Europe**

"Scotland's Highlands" - Rick visits the "Weeping Glen" of Glencoe, bustling Inverness, and the battlefield at Culloden. Then he makes a pilgrimage to the spiritual capital of a major clan, and goes prehistoric at Stone Age burial grounds and Iron Age island forts. Venturing along the Caledonian Canal and watching for Nessie at Lock Ness, Rick watches a sheepdog demonstration.

**12:00 Amanpour and Company****Wednesday 25****7:00 Nature**

"The World's Most Wanted Animal" - Join conservationist Maria Diekmann in the crusade to save pangolins, the most trafficked animal in the world. Learn about these little-known yet highly desired scaly mammals whose basic biology remains a mystery, hampering conservation efforts. (Also Sat. 3/28 at 6 p.m.)

**8:00 Nova**

"Transplanting Hope" - Follow the patients who desperately need transplants to save their lives, see the profound decisions families face in donating the organs of loved ones who die, and learn about the critical shortage of organs and new research into "organs by design." (Also Sun. 3/29 at 1 p.m.)

**9:00 Earth's Sacred Wonders**

"House of the Divine" - Meet a Muslim paramedic who helps fasting worshipers during Ramadan in Jerusalem. A Cambodian man risks his life to save his ancestral spirits from the jungle. A Buddhist warrior monk in China faces a life-changing test.

**10:00 Arizona Horizon****10:30 DW the Day****11:00 Cronkite News****11:30 Roadtrip Nation**

"Many Paths" - As the road-trippers head south, they visit NASA's largest rocket engine test facility and meet two women who are launching America into space and proving that there isn't just one path to success. Then, with former MIT Media Lab professor Leah Buechley, the team sees how merging your interests can create something amazing.

**12:00 Amanpour and Company****Thursday 26****7:00 Plate & Pour**

Visit restaurants that have stood the test of time. We'll visit Durant's, which has been family-owned since 1950. See how it reflects founder Jack Durant's motto, "Good friends, great stakes and the best booze are the necessities of life." Then ride up to the Handlebar J, a fixture in North Scottsdale since the 1960s that has become a destination for many celebrities and athletes when they come to town. Plus, we'll admire incredible "Show Stopper Shakes" at the Hotel Valley Ho. (Also Fri. 3/27 at 11:30 p.m.)

**7:30 Art in the 48**

Host Alberto Rios talks with social justice artist, Gregory Sale about his projects with former incarcerated individuals. A trip to First Friday to see Typewriter Poetry in action. A ceramicist whose stunning work is in galleries, spaces, and the home of the late Muhammed Ali. And, we join a food stylist on the job and she shares her insider tips.

**8:00 Operation Grand Canyon with Dan Snow**

Part 2. As he recreates a famous exploratory trip down the Colorado River, Dan Snow makes use of 19th-century surveying equipment as he records geological data and takes photographs with a period 3D camera as the original team did.

**9:00 Shakespeare & Hathaway-Private Investigators**

"Beware The Ides of March" - When a falling studio light nearly kills Julianne Fortby live on air during her TV show, the horrified psychic visits Frank and Lu - someone's trying to kill her.

**10:00 Arizona Horizon****10:30 DW the Day****11:00 Cronkite News****11:30 Horizonte****12:00 Amanpour and Company****Friday 27****7:00 Washington Week****7:30 Antiques Roadshow Recut**

"Politically Collect 2" - Antiques Roadshow elected to showcase fantastic finds related to American politics including 20th century presidential autographs, 1947 political cartoons, and a Congressional desk and chair.



**8:00 Somewhere South**

Explore savory dishes uniting people and creating new traditions across the American South with host and chef Vivian Howard.

**9:00 The Inn at Little Washington: A Delicious Documentary**

Meet Patrick O'Connell, a self-taught chef whose restaurant, The Inn at Little Washington, is considered one of the greatest dining experiences in America. Follow Chef O'Connell's pursuit of the ultimate culinary accolade: a third Michelin star.

**10:00 Arizona Horizon****10:30 DW the Day****11:00 Cronkite News****11:30 Plate & Pour****12:00 Amanpour and Company****Saturday 28****7:00 Father Brown**

"The Whistle in the Dark" - Father Brown accidentally attends a seance at the house of Professor Robert Wiseman who is showcasing the power of a magical artefact - a bone whistle - which is on sale to the highest bidder.

**8:00 Death in Paradise**

"Series 7, Episode 6" - When the leader of a spiritual retreat is found strangled, Jack and the team are confounded by the fact that all their suspects were in a meditation circle at the time of the murder.

**9:00 Grantchester Season 3 on Masterpiece**

"Season Three - Episode Seven" - A boy goes missing and the entire village heads out in search of him. Sidney, Geordie, Leonard and Mrs. Maguire all take steps in a new direction.

**10:00 Modus**

The police allocate all their resources to the search for the American president. Inger Johanne realizes that her past is catching up with her when Ingvar is assigned to be the Swedish contact for her FBI mentor, Warren Schifford.

**11:00 Austin City Limits**

"LCD Soundsystem" - Relish the ACL debut of alternative rock icon LCD Soundsystem. The recently revived band spotlights hits and songs from its comeback album American Dream.

**12:00 Suze Orman's Ultimate Retirement Guide**

(See Mon. 3/2 at 7 p.m.)

**Sunday 29****7:00 Call the Midwife**

Dr. Turner and Nurse Crane must deal with an alarming outbreak of diphtheria. Fred finds an abandoned baby in a dustbin, and the team must help locate its mother.

**8:00 Garth Brooks: The Library of Congress Gershwin Prize for Popular Song**

Country music icon Garth Brooks receives the 2020 Library of Congress Gershwin Prize for Popular Song at an all-star tribute in Washington, D.C. The multiple hall of famer is the youngest recipient of the prestigious prize.

**9:30 An Opry Salute to Ray Charles**

An Opry Salute to Ray Charles celebrates the music of an iconic singer, bang-leader and pianist, the blind "Genius of Soul." Hosted by Darius Rucker, the program features performances of Ray Charles's songs by Boyz II Men, Brett Eldredge, Leela James, and more.

**11:00 Secrets of Selfridges**

American Harry Gordon Selfridge revolutionized the way Londoners shopped with a retail model that made shopping a luxurious adventure

**12:00 Songs at the Center**

Master Series with multiple Grammy winners Peter Asher and Albert Lee, hosted by songwriter Eric Gnezda.

**Monday 30****7:00 Antiques Roadshow**

"Desert Botanical Garden Hour 2" - Discover an oasis of Roadshow treasures at the Desert Botanical Garden in Phoenix, such as a Cartier jadeite pendant necklace, Kanye West original artwork from around 1995 and a 1906 Louis Akin chromolithograph. Learn which is \$50,000-\$75,000.

**8:00 Antiques Roadshow**

"Spokane, Hour One" - Celebrate our 20th anniversary with treasures like a 1919 Belmont Stakes trophy, 1963 "Avengers" comics and two Amadeo de Souza-Cardoso oil paintings. Which find is worth \$200,000 to \$300,000?

**9:00 Independent Lens**

"One Child Nation" - China's one-child policy forever changed the lives of mothers and children. Inspired by the birth of her first child, filmmaker Nanfu Wang returns to China to speak with her mother and brother, and explore the ripple effect of this social experiment.

**10:30 DW the Day****11:00 Cronkite News****11:30 The Future of America's Past****12:00 Amanpour and Company****Tuesday 31****7:00 Secrets of the Dead**

"Ben Franklin's Bones" - Examine the skeletal remains found in the basement of Franklin's British residence and discover how an illegal anatomy school helped shape modern medicine.

**8:00 Polio Crusade: American Experience**

The polio epidemic terrified Americans for decades, affecting thousands of children, leaving many crippled, paralyzed or condemned to life in an iron lung. But in April 1954, a vaccine developed by Dr. Jonas Salk was administered to nearly two million school children in 44 states.

**9:00 Frontline**

"Plastic Wars" - Did the plastic industry use recycling to sell more plastic? With the industry expanding like never before and the crisis of ocean pollution growing, FRONTLINE and NPR investigate the fight over the future of plastics.

**10:00 Arizona Horizon****10:30 DW the Day****11:00 Cronkite News****11:30 Rick Steves' Europe**

"Scotland's Islands" - Rick begins on the tranquil Isle of Iona, where Christianity first reached the shores of Scotland, and nearby Staffa, with a lovable puffin colony. Then he visits another of the Inner Hebrides, road-tripping across the Isle of Skye, where he explores the Iron Age forts, thatched crofter huts, and the dramatic Trotternish Peninsula. Finally, he sails to Orkney - more Nordic than Celtic - with its stony remnants of a thriving Iron Age civilization and evocative reminders of the 20<sup>th</sup>-century wartime harbor at Scapa Flow.