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<th>Day</th>
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<td>1 MON</td>
<td>7:00 P.M.</td>
<td>50 Years with Peter, Paul and Mary</td>
<td>7:30 P.M.</td>
<td>Suze Orman’s Ultimate Retirement Guide</td>
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<tr>
<td>2 TUE</td>
<td>7:00 P.M.</td>
<td>Ken Burns: The Civil War</td>
<td>8:00 P.M.</td>
<td>This Land Is Your Land (My Music)</td>
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<tr>
<td>3 WED</td>
<td>7:00 P.M.</td>
<td>The Colorado</td>
<td>8:00 P.M.</td>
<td>The Energy Paradox w/ Steven Gundry*</td>
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<tr>
<td>4 THU</td>
<td>7:00 P.M.</td>
<td>Dolly Parton &amp; Friends: 50 Years at the Opry*</td>
<td>8:00 P.M.</td>
<td>Loretta Lynn: My Story in My Words*</td>
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<td>5 FRI</td>
<td>7:00 P.M.</td>
<td>Washington Week*</td>
<td>8:00 P.M.</td>
<td>This Land Is Your Land (My Music)</td>
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<td>6 SAT</td>
<td>7:00 P.M.</td>
<td>It’s What’s Happening Baby (My Music)*</td>
<td>8:00 P.M.</td>
<td>Tower of Power: 50 Years of Funk*</td>
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<tr>
<td>7 SUN</td>
<td>7:00 P.M.</td>
<td>Downton Abbey Season 1 Part 1</td>
<td>8:00 P.M.</td>
<td>Downton Abbey Season 1 Part 2</td>
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<tr>
<td>8 MON</td>
<td>7:00 P.M.</td>
<td>It’s What’s Happening Baby (My Music)</td>
<td>8:00 P.M.</td>
<td>Tina Turner: One Last Time*</td>
</tr>
<tr>
<td>9 TUE</td>
<td>7:00 P.M.</td>
<td>John Denver: Country Boy</td>
<td>8:00 P.M.</td>
<td>John Sebastian Presents: Folk Rewind (My Music)</td>
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<tr>
<td>10 WED</td>
<td>7:00 P.M.</td>
<td>Yellowstone Symphony</td>
<td>8:00 P.M.</td>
<td>The Brain Revolution</td>
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<td>11 THU</td>
<td>7:00 P.M.</td>
<td>Magic Moments: The Best of 50’s Pop (My Music)</td>
<td>8:00 P.M.</td>
<td>The Carpenters: Close to You (My Music)</td>
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<tr>
<td>12 FRI</td>
<td>7:00 P.M.</td>
<td>Washington Week*</td>
<td>8:00 P.M.</td>
<td>Washington Week*</td>
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<td>13 SAT</td>
<td>7:00 P.M.</td>
<td>The Carpenters: Close to You (My Music)</td>
<td>8:00 P.M.</td>
<td>Les Miserables 25th Anniversary Concert at the O2</td>
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<tr>
<td>14 SUN</td>
<td>7:00 P.M.</td>
<td>Downton Abbey Season 1 Part 3</td>
<td>8:00 P.M.</td>
<td>John Denver: Country Boy</td>
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<tr>
<td>15 MON</td>
<td>7:00 P.M.</td>
<td>Antiques Roadshow* Vintage Spokane Hour 2</td>
<td>8:00 P.M.</td>
<td>Downton Abbey Season 1 Part 4</td>
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<tr>
<td>16 TUE</td>
<td>7:00 P.M.</td>
<td>Finding Your Roots The Vanguard</td>
<td>8:00 P.M.</td>
<td>Antiques Roadshow Newport Hour 3</td>
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<tr>
<td>17 WED</td>
<td>7:00 P.M.</td>
<td>Nature Fox Tales</td>
<td>8:00 P.M.</td>
<td>Antiques Roadshow Reporting on the Reporters</td>
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<tr>
<td>18 THU</td>
<td>7:00 P.M.</td>
<td>This Old House</td>
<td>8:00 P.M.</td>
<td>Frontline TBA</td>
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<tr>
<td>19 FRI</td>
<td>7:00 P.M.</td>
<td>Washington Week*</td>
<td>8:00 P.M.</td>
<td>Europe’s New Wild* The Land of Snow and Ice</td>
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<tr>
<td>20 SAT</td>
<td>7:00 P.M.</td>
<td>Father Brown The Passing Bell</td>
<td>8:00 P.M.</td>
<td>Midsomer Murders* A Vintage Murder Pt 1</td>
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<tr>
<td>21 SUN</td>
<td>7:00 P.M.</td>
<td>The Windermere Children</td>
<td>8:00 P.M.</td>
<td>Midsomer Murders* A Vintage Murder Pt 2</td>
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<tr>
<td>22 MON</td>
<td>7:00 P.M.</td>
<td>Antiques Roadshow* Vintage Louisville Hour 1</td>
<td>8:00 P.M.</td>
<td>Live from Lincoln Center Andrew Rannells In Concert</td>
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<tr>
<td>23 TUE</td>
<td>7:00 P.M.</td>
<td>American Masters * Flannery</td>
<td>8:00 P.M.</td>
<td>Andrew Rannells In Concert</td>
</tr>
<tr>
<td>24 WED</td>
<td>7:00 P.M.</td>
<td>Nature Hippos</td>
<td>8:00 P.M.</td>
<td>Beyond the Canvas* The Writer’s World</td>
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<tr>
<td>25 THU</td>
<td>7:00 P.M.</td>
<td>This Old House</td>
<td>8:00 P.M.</td>
<td>Frontline TBA</td>
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<tr>
<td>26 FRI</td>
<td>7:00 P.M.</td>
<td>Washington Week*</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<tr>
<td>27 SAT</td>
<td>7:00 P.M.</td>
<td>Father Brown The Whistle in the Dark</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<tr>
<td>28 SUN</td>
<td>7:00 P.M.</td>
<td>Great Performances* Movies for Grownups Awards with AARP</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<tr>
<td>29 MON</td>
<td>7:00 P.M.</td>
<td>Antiques Roadshow* Vintage Louisville Hour 2</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<tr>
<td>30 TUE</td>
<td>7:00 P.M.</td>
<td>Finding Your Roots Freedom Tales</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<tr>
<td>31 WED</td>
<td>7:00 P.M.</td>
<td>Extinction: The Facts*</td>
<td>8:00 P.M.</td>
<td>Fast Forward: Look Into Your Future*</td>
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<td>Joyful Pain Free</td>
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<td>Anxiety, Depression, Trauma and Grief (3/21)</td>
<td>BBC World News</td>
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<td>Eat Your Medicine: The Pegan Diet (3/28)</td>
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<td>Molly of Denali</td>
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<td>Frankie Drake</td>
<td>Finding Your Roots (3/17)</td>
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<td>Ornament of the</td>
<td>Finding Your Roots (3/17)</td>
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<td>Shakespeare &amp;</td>
<td>Finding Your Roots (3/17)</td>
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<td>4:00</td>
<td>Downton Abbey</td>
<td>Finding Your Roots (3/17)</td>
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<td>Returns! (3/7)</td>
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<td>Southwest (3/21)</td>
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<td>6:00</td>
<td>Poldark</td>
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* New episodes
Monday 1
1:30 Downton Abbey Returns!
3:30 Aging Backwards 3 with Miranda Esmonde-White
   Former ballerina Miranda Esmonde-White uses groundbreaking science to develop a practical six-point plan anyone can use to keep their minds sharp and their bodies active using gentle daily movement. (Also Fri. 3/5 at 3:30 A.M.; Sun. 3/7 at 10 A.M.; Fri. 3/12 at 1:30 P.M.)
4:30 BBC World News America
5:00 Arizona Horizon
5:30 Cronkite News
6:00 PBS NewsHour
7:00 50 Years with Peter, Paul and Mary
   Celebrate the trio that brought folk music to America’s mass audiences. Enjoy the group’s powerful, moving performances through the years as they combine their artistry and their activism. (Also Sun. 3/7 at 2 P.M.)
9:00 Suze Orman’s Ultimate Retirement Guide
   Join the acclaimed personal finance expert for essential advice on planning for and thriving in retirement. With empathy, straight talk and humor, Suze provides information about key steps for anyone trying to achieve their “ultimate retirement.” (Also Tue. 3/2 at 2 A.M.; Tue. 3/2 at 3:30 P.M.; Sat. 3/6 at 12:30 A.M.; Sat. 3/6 at 1:30 P.M.; Sun. 3/7 at 10 P.M.; Tue. 3/9 at 12:30 A.M.; Thu. 3/11 at 10:30 P.M.; Fri. 3/12 at 2:30 P.M.; Sat. 3/13 at 8:30 A.M.; Sun. 3/14 at 12 A.M.)
11:00 The Transformational Power of Yoga
   Desiree Rumbaugh shares how simple yoga and meditation practices can strengthen, protect and heal. Desiree has been practicing and teaching Anusara Yoga for over 30 years and has traveled the globe offering workshops and retreats. (Also Tue. 3/2 at 3:30 P.M.; Fri. 3/5 at 1:30 P.M.; Thu. 3/11 at 3 A.M.; Sun. 3/14 at 2 A.M.)
12:00 10 Day Belly Slimdown with Dr. Kellyann
   Discover how to lose your belly and heal your gut, with the added bonus that you look and feel younger through a three-part program consists of mini-fasting, bone broth “burning” and “loading,” and collagen-rich shakes. (Also Wed. 3/10 at 12 A.M.)

Tuesday 2
1:30 Suze Orman’s Ultimate Retirement Guide
3:30 The Transformational Power of Yoga
4:30 BBC World News America
5:00 Arizona Horizon
5:30 Cronkite News
6:00 PBS NewsHour
7:00 Ken Burns: The Civil War
   Celebrate the 25th anniversary of the landmark series in September 2015 with this in-depth overview of the iconic documentary. See video clips and interviews with Ken Burns, Geoffrey Ward, Ric Burns, Buddy Squires and others. (Also Thu. 3/4 at 12 A.M.)
9:00 This Land Is Your Land (My Music)
   Take a musical journey through the evolution of modern American folk music, from its roots in bluegrass to San Francisco coffee houses to clubs in Greenwich Village. The Smothers Brothers and Judy Collins host. (Also Fri. 3/5 at 9:30 P.M.; Sun. 3/7 at 12:30 P.M.)
10:30 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
   Dr. Hyman shares how unhealthy, ultra-processed foods have created an epidemic of preventable, chronic diseases and exactly how returning to real, whole food can treat, prevent, and even reverse these diseases. (Also Wed. 3/3 at 2:30 P.M.; Sat. 3/6 at 4:30 A.M.; Sun. 3/7 at 8 A.M.; Mon. 3/8 at 12 A.M.; Wed. 3/10 at 10 P.M.; Fri. 3/12 at 12:30 A.M.; Sat. 3/13 at 12 P.M.; Sun. 3/14 at 10 P.M.; Sun. 3/28 at 4 A.M.)

Wednesday 3
1:30 Urban Forge: Ozark Artistry
   (Also Thu. 3/4 at 3:30 P.M.)
2:30 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
4:30 BBC World News America
5:00 Arizona Horizon
5:30 Cronkite News
6:00 PBS NewsHour
7:00 The Colorado
   For five million years, the Colorado has carved some of the most majestic landscapes on the planet. It has also become the lifeline of a vast portion of North America, providing the water that sustains nearly forty million people, half a dozen major cities and an immense agricultural empire. (Also Thu. 3/4 at 1:30 P.M.)
8:30 Energy Paradox with Steven Gundry, MD New
   Based on Dr. Gundry's two decades of experience with his patients and from the latest scientific research, "The Energy Paradox" unveils a step-by-step approach for tackling constant fatigue with nothing more than simple dietary and lifestyle changes. Dr. Gundry also exposes the sources of our low energy levels and challenges the conventional wisdom that's making this "energy crisis" worse. (Also Thu. 3/4 at 3 P.M.; Fri. 3/5 at 12:30 A.M.; Fri. 3/5 at 11 P.M.; Sat. 3/6 at 12 P.M.; Tue. 3/9 at 2:30 A.M.; Tue. 3/9 at 1:30 P.M.; Tue. 3/9 at 10:30 P.M.; Sat. 3/13 at 4 A.M.; Sat. 3/13 at 10:30 A.M.; Sun. 3/14 at 3 A.M.)
10:00 Overcoming Anxiety, Depression, Trauma, and Grief with Daniel Amen MD and Tana Amen New
   Psychiatrist Dr. Daniel Amen, the author of "Your Brain Is Always Listening," and his wife Tana Amen, an ICU nurse and author of "The Relentless Courage of a Scared Child," will show you how to tame the hidden dragons that cause these problems to help you feel happier, more positive and more in control of your own emotions. (Also Fri. 3/5 at 2:30 P.M.; Sat. 3/6 at 2:30 A.M.; Sat. 3/6 at 10 A.M.; Mon. 3/8 at 10:30 P.M.; Wed. 3/10 at 2 A.M.; Wed. 3/10 at 2 P.M.; Sun. 3/21 at 4 A.M.)
12:00 Ken Burns: The Civil War

Thursday 4
1:30 The Colorado
3:00 Energy Paradox with Steven Gundry, MD
4:30 BBC World News America
5:00 Arizona Horizon
7:00 **Dolly Parton & Friends: 50 Years at the Opry** New
Join the country music superstar to celebrate her 50 years at the Grand Ole Opry. Bringing together five decades of hits into one unforgettable evening, Dolly is joined by special guests including Emmylou Harris, Toby Keith and more.

9:00 **Loretta Lynn: My Story In My Words** New
Celebrate the country music legend and her classic songs with this biographical portrait that lets Lynn tell her own life story. Includes classic performances of her record-breaking feisty female anthems, which rose to the top of the charts.

10:30 **Joyful Pain Free Living with Lee Albert**
Learn how to operate your body optimally with minimal or no pain and maintain an active, fulfilling lifestyle as you age. Lee's holistic approach combines the wisdom of neuromuscular therapy, stress management and yoga. (Also Sat. 3/6 at 8 A.M.; Sun. 3/7 at 4 A.M.; Thu. 3/11 at 1:30 P.M.; Sat. 3/13 at 2 P.M.)

9:30 **This Land Is Your Land (My Music)**
11:00 **Energy Paradox with Steven Gundry, Md**

**Saturday 6**

12:30 **Suze Orman’s Ultimate Retirement Guide**

2:30 **Overcoming Anxiety, Depression, Trauma, and Grief with Daniel Amen MD and Tana Amen**

4:30 **EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD**

6:30 **Nancy Zieman: Extraordinary Grace**
(Also Sat. 3/13 at 7 A.M.)

6:00 **Joyful Pain Free Living with Lee Albert**

10:00 **Overcoming Anxiety, Depression, Trauma, and Grief with Daniel Amen MD and Tana Amen**

Noon **Energy Paradox with Steven Gundry, Md**

1:30 **Suze Orman’s Ultimate Retirement Guide**

3:30 **Andy Williams: Greatest Love Songs (My Music)**
Enjoy the romantic crooner's biggest hits and best-loved ballads including “Moon River,” “Love Story,” "Dear Heart" and “Born Free.” His hugely successful career bridged the generations, with repertoire ranging from classic standards to modern pop songs.

5:00 **Magic Moments - The Best of 50’s Pop (My Music #102)**
Join hosts Phyllis McGuire, Pat Boone and Nick Clooney for a nostalgic trip back to the 1950s. Return to the era's pop music days with a mix of live performance and archival footage, including classic moments from favorite performers.

7:00 **It’s What’s Happening Baby (My Music Presents) New**
(Also Mon. 3/8 at 7 P.M.)

9:00 **Tower of Power: 50 Years of Funk and Soul** New
Groove to the signature sounds of the iconic soul-funk R&B band, still playing to "Souled Out" crowds as they tour the world. From their 1970 record "East Bay Grease" to today, five decades later, the band has provided the soundtrack for generations.

10:30 **Joe Bonamassa: Live from the Ryman**

**Sunday 7**

**Midnight Deepak Chopra: Becoming Metahuman**

2:00 **The Brain Revolution**
Explore neuroplasticity - the untapped power to improve our lives as we age - to learn how the brain works and how we can make it work for us. Features the latest scientific research and an easy-to-follow plan for maximizing and protecting the brain. (Also Wed. 3/10 at 8 P.M.; Thu. 3/11 at 1 A.M.)

4:00 **Joyful Pain Free Living with Lee Albert**

6:00 **Mister Rogers’ Neighborhood**

6:30 **Arthur**

7:00 **Molly of Denali**

7:30 **Wild Kratts**

8:00 **EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD**

10:00 **Aging Backwards 3 with Miranda Esmonde-White**

11:00 **Benise: Strings of Hope**

12:30 **This Land Is Your Land (My Music)**

2:00 **50 Years with Peter, Paul and Mary**

4:00 **Downton Abbey Returns!**

6:00 **Downton Abbey Season 1 On Masterpiece**
"Downton Abbey - Part 1" - When the Titanic goes down, Lord Grantham, a.m. loses his immediate heirs and his daughter Mary loses her fiancé, throwing Downton Abbey and its servants into turmoil. The new heir turns out to be Matthew, a lowly lawyer with novel ideas about country life. (Also Sun. 3/21 at 12 A.M.)

8:00 **Downton Abbey Season 1 On Masterpiece**
"Downton Abbey - Part 2" - Mary entertains three suitors, including a Turkish diplomat whose boldness leads to a surprising event. Downstairs, the shocking former life of Carson, the butler, is unmasked and Bates risks his health to remain valet. Starring Hugh Bonneville, Dame Maggie Smith and Elizabeth McGovern. (Also Sun. 3/21 at 1:55 A.M.)

10:00 **Suze Orman’s Ultimate Retirement Guide**

**Monday 8**

1:30 **Best of the Joy of Painting: Special Edition**

2:30 **Magic Moments - The Best of 50’s Pop (My Music #102)**

4:30 **BBC World News America**

5:00 **Arizona Horizon**

5:30 **Cronkite News**

6:00 **PBS NewsHour**

7:00 **It’s What’s Happening Baby (My Music Presents)**
### PROGRAM LISTINGS March 2021

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<tr>
<th>Time</th>
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<tr>
<td>5:00</td>
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#### Tuesday 9

**1:30 Energy Paradox with Steven Gundry, Md**  
Dr. Gundry shares informative, life-changing information and shows a step-by-step approach to help us all feel better and more youthful today, no matter your age. (Also Sat. 3/13 at 5:30 A.M.; Sun. 3/14 at 4:30 A.M.)

**3:00 Longevity Paradox with Seven Gundry, Md**  
Gundry shares informative, life-changing information and shows a step-by-step approach to help us all feel better and more youthful today, no matter your age. (Also Sat. 3/13 at 5:30 A.M.; Sun. 3/14 at 4:30 A.M.)

**5:30 Cronkite News**

**6:00 PBS NewsHour**

**7:00 John Denver: Country Boy**  
A complex character who wrote uncomplicated songs, John Denver was often at odds with the saccharine image presented to the world. Discover a lost musical icon of the '70s and the enduring power of his music. (Also Sat. 3/13 at 8:30 P.M.)

**8:30 John Sebastian Presents: Folk Rewind (My Music)**  
Join John Sebastian of The Lovin’ Spoonful in a special featuring the greatest singers and songwriters of the classic 50s & 60s folk era, with historic footage and new performances. (Also Sat. 3/13 at 10 P.M.)

**10:30 Energy Paradox with Steven Gundry, Md**

**12:00 10 Day Belly Slimdown with Dr. Kellyann**

#### Wednesday 10

**1:30 Rick Steves Island Hopping Europe**

**2:00 Overcoming Anxiety, Depression, Trauma, and Grief with Daniel Amen MD and Tana Amen**

**4:00 Rick Steves Island Hopping Europe**

**4:30 BBC World News America**

**5:00 Arizona Horizon**

**5:30 Cronkite News**

**6:00 PBS NewsHour**

**7:00 Yellowstone Symphony**  
Travel on a spectacular visual journey through the wonders of America’s first national park. Set to classical music from some of the world’s best composers, the park’s magnificent scenery and wildlife are showcased as they change through the seasons. (Also Thu. 3/11 at 12 A.M.)

**8:00 The Brain Revolution**

**10:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD**

**12:00 Yellowstone Symphony**

#### Thursday 11

**1:30 Joyful Pain Free Living with Lee Albert**

**3:30 Urban Forge: Ozark Artistry**

**4:30 BBC World News America**

**5:00 Arizona Horizon**

**5:30 Cronkite News**

**6:00 PBS NewsHour**

**7:00 Magic Moments - The Best of 50’s Pop (My Music #102)**

**9:00 Carpenters: Close to You (My Music Presents)**  
Trace the Carpenters’ career through the eyes of Richard Carpenter and the group’s friends in the music business, featuring their top recording hits. (Also Sat. 3/13 at 7 P.M.)

**10:30 Suze Orman’s Ultimate Retirement Guide**

#### Friday 12

**1:30 Aging Backwards 3 with Miranda Esmonde-White**

**2:30 Suze Orman’s Ultimate Retirement Guide**

**4:30 BBC World News America**

**5:00 Arizona Horizon**

**5:30 Cronkite News**

**6:00 PBS NewsHour**

**7:00 Washington Week**

**7:30 Firing Line with Margaret Hoover**

**8:00 Les Miserables 25th Anniversary Concert at the O2**  
Celebrate the legendary musical with a stellar cast including Alfie Boe, Nick Jonas, Lea Salonga, Colm Wilkinson, Norm Lewis and R a.m.in Karimloo. Staged by producer Cameron Mackintosh, the concert was filmed at London’s O2 Arena.

#### Saturday 13

**Midnight Retire Safe & Secure with Ed Slott for 2021**

**2:00 Deepak Chopra: Becoming Metahuman**

**4:00 Energy Paradox with Steven Gundry, Md**

**5:30 Longevity Paradox with Seven Gundry, Md**

**7:00 Nancy Zieman: Extraordinary Grace**

**8:30 Suze Orman’s Ultimate Retirement Guide**

**10:30 Energy Paradox with Steven Gundry, Md**

**Noon EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD**

**2:00 Joyful Pain Free Living with Lee Albert**

**4:00 Rick Steves Island Hopping Europe**

**4:30 Moments to Remember: My Music**

**7:00 Carpenters: Close to You (My Music Presents)**

**8:30 John Denver: Country Boy**

**10:00 John Sebastian Presents: Folk Rewind (My Music)**

#### Sunday 14

**Midnight Suze Orman’s Ultimate Retirement Guide**

**2:00 The Transformational Power of Yoga**

**3:00 Energy Paradox with Steven Gundry, Md**

**4:30 Longevity Paradox with Seven Gundry, Md**

**6:00 Mister Rogers’ Neighborhood**

**6:30 Arthur**

**7:00 Molly of Denali**

**7:30 Wild Kratts**

**8:00 Hero Elementary**

**8:30 Xavier Riddle and the Secret Museum**

**9:00 History of Christianity**  
"The First Christianity" - MacCulloch goes in search of Christianity’s forgotten origins, overturning the familiar story that it all began when the apostle Paul took Christianity from Jerusalem to Rome. Instead, he shows that the true origins of Christianity lie further east and that at one point it was poised to triumph in Asia, and perhaps even in China.
**Monday 15**

*7:00 Antiques Roadshow New*

"Vintage Spokane Hour 2" - Journey back to the Pacific Northwest to discover antique and vintage finds like a Jon Stefansson landscape oil, a Lonny Frey pro baseball collection and a Rolex Bubbleback watch. Have their values held strong or headed south since 2007? (Also Tue. 3/16 at 1 A.M.; Tue. 3/16 at 1:30 P.M.; Sat. 3/20 at 10 A.M.; Sun. 3/21 at 9 A.M.)

*8:00 Antiques Roadshow*

"Newport, Hour Three" - A Tiffany & Co. sapphire and diamond ring, a Boston bureau table made around 1770 and M.C. Escher lithographs. (Also Tue. 3/16 at 2 A.M.)

*9:00 Fauci: Virus Hunter New*

Explore the life and career of Dr. Anthony Fauci from his childhood in Brooklyn to the present day. One of the first researchers to recognize the significance of the HIV virus, Fauci has advised seven U.S. presidents against the world’s top virulent enemies and become a household name during the COVID-19 pandemic. (Also Tue. 3/16 at 3 A.M.; Wed. 3/24 at 11 P.M.; Fri. 3/26 at 3:30 P.M.)

*10:00 Arizona Horizon*

*10:30 Cronkite News*

*11:00 I Am Ireland*

A wonderful new "pandemic version" of a musical program featuring songs and stories with the traditional Irish Tenor, Paddy Homan & Orchestra. Originally developed for the stage, this concert film was taped at Chicago’s renowned Old St. Pat’s Church and in the musicians’ homes. Journey through the songs, speeches and images of the time to honor and celebrate the Irish road to freedom.

*12:00 a.m. Amanpour and Company*

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**Tuesday 16**

*7:00 Finding Your Roots*

"The Vanguard" - Author Ta-Nehisi Coates, filmmaker Ava DuVernay, and author and activist Janet Mock see their basic assumptions about their families challenged, placing their ancestors - of all colors - into the greater context of black history. (Also Wed. 3/17 at 1 A.M.; Wed. 3/17 at 1:30 P.M.)

*8:00 Finding Your Roots*

"Reporting on the Reporters" - Host Henry Louis Gates, Jr. shows journalists Christiane Amanpour, Ann Curry and Lisa Ling that the stories within their own family trees are every bit as compelling as the news stories they have been covering for the world. (Also Wed. 3/17 at 2 A.M.; Wed. 3/17 at 2:30 P.M.)

*9:00 Frontline*

"Trump’s American Carnage" (Also Wed. 3/17 at 3 A.M.)

*10:00 Arizona Horizon*

*10:30 Cronkite News*

*11:00 Great Scenic Railway Journeys*

Take an in-depth look at the famed Durango and Silverton Narrow Gauge Railroad in Colorado.

*11:30 Rick Steven’s Europe*

"Why We Travel" - In times of crisis and challenge, we ask ourselves: What is the true value of travel? After a lifetime of exploring Europe - and inspiring Americans to see Europe as the springboard for world exploration - Rick Steven’s shares his reasons why. (Also Sat. 3/20 at 10:30 P.M.)

*12:00 a.m. Amanpour and Company*

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**Wednesday 17**

*7:00 Nature*

"Fox Tales" - Intelligent, resilient and bold, the red fox can change its behavior to thrive in new environments, from urban locales to the Arctic tundra. (Also Thu. 3/18 at 1 A.M.; Thu. 3/18 at 1:30 P.M.; Sat. 3/20 at 6 P.M.)

*8:00 Nova*

"Dead Sea Scroll Detectives" - Join scientists as they investigate suspicious, newly surfaced fragments to see if they’re forfeited, and use imaging techniques to digitally unravel the charred remains of a scroll. (Also Thu. 3/18 at 2 A.M.; Sun. 3/21 at 10 A.M.)

*9:00 Europe’s New Wild New*

"The Land of the Snow and Ice" - In Lapland, natives and conservation groups work to save an age-old reindeer migration and restore an entire ecosystem in the process. Now, Lapland is witnessing wildlife spectacles return to the land of ice and snow. (Also Thu. 3/18 at 3 A.M.; Sun. 3/21 at 11 A.M.)

*10:00 Arizona Horizon*

*10:30 Cronkite News*

*11:00 The Legacy List*

"A Whale of a Time / East Hampton, Ny" - Bess, who lives in an old family home in the Hamptons, is trying to create more play space for her children. She must clean out a house filled with vintage furniture, rare antiquities and old whaling equipment.

*12:00 a.m. Amanpour and Company*
Thursday 18

7:30 Art in the 48
  Two Arizona basketball legends talk with host Alberto Rios about their adventure into the art arena, an improv show developed out of the pandemic, keeping traditional Native American dance alive with the help of social media, and we visit with the Phoenix Art Museum's chief curator. (Also Fri. 3/19 at 1:30 A.M.; Sun. 3/21 at 12:30 P.M.)

8:00 Midsomer Murders New
  "A Vintage Murder, Part 1" - The fizz goes out of a sparkling wine launch when the glasses are laced with poison. Who is targeting the Midsomer Vinae Winery and what does the attack have to do with the death of a child in a hit-and-run accident? (Also Fri. 3/19 at 2 A.M.; Tue. 3/23 at 2:30 P.M.)

9:00 Midsomer Murders New
  "A Vintage Murder, Part 2" (Also Fri. 3/19 at 3 A.M.; Tue. 3/23 at 3:30 P.M.)

10:00 Arizona Horizon

10:30 Cronkite News

11:00 Stories I Didn’t Know
  Rita Davern’s family members have always been proud to say that their ancestors once owned Pike Island, but the story of its acquisition is far less glorious. Rita’s attempts to understand what happened and why leads her on a journey that requires facing the complicated legacy of westward expansion in the United States.

12:00 a.m. Amanpour and Company

Friday 19

7:00 Washington Week

7:30 Firing Line with Margaret Hoover

8:00 Great Performances at the Met New
  "Renee Fleming In Concert" - Experience the beloved American soprano perform arias by Puccini and Massenet to selections by Handel and Korngold from the intimate music salon of Dumbarton Oaks in Washington, D.C. (Also Sat. 3/20 at 2 A.M.)

9:00 Live from Lincoln Center
  "Andrew Rannells In Concert" - Known for his Tony-nominated, Gr a.m.my-winning performance as Elder Price in "The Book of Mormon" and as Elijah in HBO’s "Girls," Andrew Rannells brings his signature blend of superb vocal prowess and wry wit to a sparkling set of songs. (Also Sat. 3/20 at 3 A.M.)

10:00 Arizona Horizon

10:30 Cronkite News

11:00 Betty White: First Lady of Television

Saturday 20

7:00 Father Brown
  "The Passing Bell" - A new musical director for the bell-ringers of St. Mary’s leads to discord, disharmony and the bloodcurdling sound of murder.

8:00 Death In Paradise
  "Series 1, Episode 1" - When a British cop is murdered in a locked room on the tiny island of Saint-Marie, Detective Inspector Richard Poole is sent to investigate.

9:00 Vera New
  "Poster Child" - DCI Vera Stanhope and her team must race against time to track down the killer of a respected surgeon and save his abducted teenage daughters.

10:30 Rick Steves’ Europe
  "Why We Travel" - (See Tue. 3/16 at 11:30 P.M.)

11:00 Austin City Limits
  "Maggie Rogers"

Sunday 21

8:00 Howards End On Masterpiece
  "Episode One" - A passionate misunderstanding, a surprise visit and a stolen umbrella set into motion a series of events that unexpectedly intertwine the lives of the Schlegels, the Wilcoxes and the Basts. (Also Mon. 3/22 at 1:30 A.M.)

9:00 Howards End On Masterpiece
  "Episode Two" - Mrs. Wilcox surprises her family with a final request regarding Howards End. The Schlegels face eviction from their house. The Schlegel sisters take up the cause of Jacky Bast’s husband. (Also Mon. 3/22 at 2:30 A.M.)

10:00 Margaret: The Rebel Princess
  (See Tue. 3/16 at 2:30 P.M.)

11:00 Thou Shalt Not Kill New
  "Episode 9" - A math professor, Emanuele Sarti, is found dead in a Valentino Park tunnel where a homeless man lives. Strange mathematical formulas are written on the walls of the tunnel, and it’s likely not just a coincidence.

Monday 22

7:00 Antiques Roadshow New
  "Vintage Louisville 2021 Hour 1" - Giddy-up to Derby City for updated Season 12 appraisals including a Dirk Van Erp lamp from around 1910, a J. Falter “Listening to the Sea” illustration and a 1919 Cincinnati Reds championship baseball. One is now valued at 150,000-200,000. (Also Tue. 3/23 at 1 A.M.; Tue. 3/23 at 1:30 P.M.; Sat. 3/27 at 10 A.M.; Sun. 3/28 at 9 A.M.)

8:00 Antiques Roadshow
  "Meadow Brook Hall, Hour One" - Visit the grounds of the historic Meadow Brook Hall in Rochester, Michigan, and learn the story behind beloved family heirlooms, thrift store finds and more - including a 77,500 appraisal! (Also Tue. 3/23 at 2 A.M.)

9:00 Independent Lens New
  "Coded Bias" - When MIT Media Lab researcher Joy Buolamwini discovers most facial recognition does not see dark-skinned faces or women with accuracy, she joins the fight to expose the threats to civil liberties posed by an increasingly data-driven, automated world. (Also Tue. 3/23 at 3 A.M.)

10:30 Arizona Horizon

11:00 Cronkite News

11:30 Optimizing Life
  Discover the stories of people facing life-threatening health crises and dramatically turning their health around by embracing new lifestyle choices. With the help of lifestyle medicine, they learn to eat better, exercise more, and deal with stress.

12:00 a.m. Amanpour and Company
Tuesday 23
7:00 American Masters New
"Flannery" - Explore the life of Flannery O'Connor whose provocative fiction was unlike anything published before. Featuring never-before-seen archival footage, newly discovered journals and interviews with Mary Karr, Tommy Lee Jones, Hilton Als and more. (Also Wed. 3/24 at 1 A.M.)

8:30 Beyond The Canvas New
"The Writers World" - Novelist Margaret Atwood, playwright Danai Gurira and others talk about finding meaning in the writing life. (Also Wed. 3/24 at 2:30 A.M.; Fri. 3/26 at 9:30 P.M.; Sat. 3/27 at 3:30 A.M.; Tue. 3/30 at 3:30 A.M.)

9:00 Frontline
"Death Is Our Business/Love, Life & The Virus" (Also Wed. 3/24 at 3 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News

11:00 Great Scenic Railway Journeys
Explore the Great Smoky Mountains Railroad in North Carolina.

11:30 Rick Steves' Europe
"The Majesty of Madrid" - Tour the lavish Royal Palace, enjoy art-packed museums, and look deep into Picasso’s greatest masterpiece. (Also Sat. 3/27 at 10:30 P.M.)

12:00 a.m. Amanpour and Company

Wednesday 24
7:00 Nature
"Hippos: Africa’s River Giants" - Discover an unexpected side of these aquatic mammals that can’t even swim as hippos protect their families, face their enemies and suffer in a drought. Narrated by David Attenborough. (Also Thu. 3/25 at 1 A.M.; Thu. 3/25 at 1:30 P.M.; Sat. 3/27 at 6 P.M.)

8:00 Nova
"Saving The Dead Sea" - As the Dead Sea shrinks, engineers prepare a daring solution: connect it with the Red Sea by way of a massive desalination plant. (Also Thu. 3/25 at 2 A.M.; Fri. 3/26 at 1:30 P.M.; Sun. 3/28 at 10 A.M.)

9:00 Fast-Forward: Look Into Your Future New
Follow four millennials and their parents as they travel through time wearing an MIT-produced "aging empathy suit" and working with professional make-up artists to navigate the realizations, conversations and mindset required to age successfully. (Also Thu. 3/25 at 3 A.M.; Thu. 3/25 at 11 P.M.; Fri. 3/26 at 2:30 P.M.; Sun. 3/28 at 11 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News

11:00 Fauci: Virus Hunter

12:00 a.m. Amanpour and Company

Thursday 25
7:00 This Old House
"Tommy's in the Kitchen" - The end of the project is quickly approaching and there is still much to be done. Tommy helps hang the pantry door. Tiling and backsplash work continue as the crew creates a custom surround for the gas fireplace. Appliances arrive. (Also Fri. 3/26 at 1 A.M.; Sat. 3/27 at 9:30 A.M.)

7:30 Art in the 48
Host Alberto Rios delves into how the pandemic has impacted the art community in Arizona. We visit with a Navajo artist bringing attention to his community through his art and a muralist using the pandemic to spur creativity. Then, see how ASU Gammage is preparing for their new theater season. (Also Fri. 3/26 at 1:30 A.M.; Sun. 3/28 at 12:30 P.M.)

8:00 Midsomer Murders
"The Christmas Haunting. Part 1" - It's Christmas and new detective Charlie Nelson moves into Midsomer. He's thrown straight into an intriguing mystery: A man is fatally stabbed with an antique sword during a ghost-hunting party at a 'haunted' manor house. (Also Fri. 3/26 at 2 A.M.; Tue. 3/30 at 2:30 P.M.)

9:00 Midsomer Murders
"The Christmas Haunting, Part 2" - A man is fatally stabbed with an antique sword during a ghost-hunting party at a ‘haunted’ manor house. Can Barnaby and Nelson find a more earthly motive behind the murder and trap the killer? (Also Fri. 3/26 at 3 A.M.; Tue. 3/30 at 3:30 P.M.)

10:00 Arizona Horizon
10:30 Cronkite News

11:00 Fast-Forward: Look Into Your Future
12:00 a.m. Amanpour and Company

Friday 26
7:00 Washington Week
7:30 Firing Line with Margaret Hoover
8:00 American Masters New
"Twyla Moves" - Explore legendary choreographer Twyla Tharp's career and famously rigorous creative process, with original interviews, first-hand glimpses of her at work and rare archival footage of select performances from her more than 160 choreographed works. (Also Sat. 3/27 at 2 A.M.)

9:30 Beyond The Canvas New
"The Writers World" - (See Tue. 3/23 at 8:30 P.M.) (Also Sat. 3/27 at 3:30 A.M.; Tue. 3/30 at 3:30 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News

11:00 In Their Own Words
"Queen Elizabeth II" - Follow Queen Elizabeth II's remarkable life, from her youth to her uncle's abdication, her father's coronation as King George VI, her experience during World War II, her sudden ascension to the throne and her eventful reign of more than 60 years.

Saturday 27
7:00 Father Brown
"The Whistle in the Dark" - Father Brown accidentally attends a seance at the house of Professor Robert Wiseman who is showcasing the power of a magical artefact - a bone whistle - which is on sale to the highest bidder.

8:00 Death In Paradise
"Series 1, Episode 2" - A bride is murdered on her wedding day, a tragedy DS Camille Bordey can’t help but notice while Richard is more interested in housekeeping signs. But who would kill a bride on her wedding day? Could it really be one of her family?
March 2021

9:00 Vera New
"Castles in the Air" - DCI Vera Stanhope investigates the brutal murder of a young physiotherapist gunned down at a luxury country retreat.

10:30 Rick Steves' Europe
"The Majesty of Madrid" - (See Tue. 3/23 at 11:30 P.M.)

11:00 Austin City Limits
"St. Vincent" - Enjoy a visually and sonically stunning hour with Gr a.m.my-winning art-rock performer St. Vincent. The groundbreaking singer-songwriter-guitarist and her band perform songs from her acclaimed LP "Masseducation."

PROGRAM LISTINGS March 2021

Sunday 28

7:00 Great Performances New
"Movies for Grownups Awards with AARP The Magazine" - Honor the best films and performances of 2020 that resonate with older viewers including Career Achievement Award winner George Clooney. Celebrating movies that matter, the Awards champion movies for grownups, by grownups. (Also Mon. 3/29 at 1 A.M.)

8:00 Howards End On Masterpiece
"Episode Three" - Margaret receives an unexpected offer from Henry. Helen is incensed by the unfair fate of the Basts. The three families collide at a wedding, and Henry's past is revealed. (Also Mon. 3/29 at 2 A.M.)

9:00 Howards End On Masterpiece
"Episode Four, Series Finale" - Margaret is undaunted by Henry’s past misdeeds. Helen leaves abruptly for Europe. Margaret and Tibby get Henry to help resolve issues at Howards End, where the three families have a showdown. (Also Mon. 3/29 at 3 A.M.)

10:00 Margaret: The Rebel Princess
(See Tue. 3/16 at 3:30 P.M.)

11:00 Thou Shalt Not Kill
"Episode 10" - After deciding to remain in Turin, Valeria returns to the scene of her father’s murder and discovers an overlooked piece of evidence: her parents were not the only people at the lake house that night.

Monday 29

7:00 Antiques Roadshow New
"Vintage Louisville 2021 Hour 2" - Look back at Louisville treasures from 2007 including a Kentucky cherry corner cupboard made around 1815, a Qing period nephrite jade basin and a 1911 Julian Onderdonk landscape oil. Which has skyrocketed in value and is appraised for 125,000? (Also Tue. 3/30 at 1:30 A.M.; Tue. 3/30 at 1:30 P.M.)

8:00 Antiques Roadshow
"Meadow Brook Hall, Hour Two" - Discover Detroit-area treasures as they are appraised at the historic estate of Matilda Dodge Wilson. Meadow Brook Hall finds include a Keith Haring archive, Harry Bertoia brooches and an 1835 "City of Detroit" map. Which is 40,000-60,000? (Also Tue. 3/30 at 2:30 A.M.)

9:00 Secrets of the Masons
Track the origins of the Freemasons and how the movement grew, and also meet present-day Masons from around the world, including the installation of a new Grand Master Mason in North America. (Also Wed. 3/31 at 11 P.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Independent Lens
"til Kingdom Come / The Debate" - Pastors encourage an impoverished Kentucky community, "the forgotten people of America," to donate to Israel in anticipation of Jesus's return. See the controversial bond between Evangelicals and Jews in this story of faith, power and money.

Tuesday 30

7:00 Finding Your Roots
"Freedom Tales" - Host Henry Louis Gates, Jr. delves deep into the roots of two African American guests, actor S. Epatha Merkerson and athlete and television personality Michael Strahan. Both discover unexpected stories that challenge assumptions about black history. (Also Wed. 3/31 at 1 A.M.; Wed. 3/31 at 1:30 P.M.)

8:00 American Experience New
"The Blinding of Isaac Woodard" - Discover the 1946 incident of racial violence by police that led to the racial awakening of President Harry Truman and set the stage for the landmark 1954 Supreme Court Brown v. Board of Education decision, jump-starting the civil rights movement. (Also Wed. 3/31 at 2 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Rick Steves European Easter
Take a spring journey through Spain, Slovenia, Italy, and Greece, to celebrate this 2,000-year-old story in a variety of cultures.

12:00 a.m. Amanpour and Company

Wednesday 31

7:00 Extinction: The Facts New
With 1 million species at threat, David Attenborough explores extinction and how this crisis has consequences for us all, even putting us at greater risk of pandemic diseases.

8:00 Climate Change - The Facts
Scientists explore the impact of climate change and what could happen if global warming exceeds 1.5 degrees. Discover how the latest innovations and technology are posing potential solutions and what individuals can do to prevent further damage.

9:00 Nova
"Mystery Beneath The Ice" - Dive under the ice to explore Antarctica’s under-ice landscape with a te a.m. of scientists as they search for the mystery killer that’s decimating the population of delicate shrimp-like creatures at the foundation of the Antarctic food chain.

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Secrets of the Masons
(See Mon. 3/29 at 9 P.M.)

12:00 a.m. Amanpour and Company