<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 TUE</td>
<td>PBS NewsHour Coverage of the State of the Union Address</td>
<td>7:00 P.M.</td>
<td>Ed Slott’s Retirement Freedom*</td>
</tr>
<tr>
<td>2 WED</td>
<td>Desert Dreams: Celebrating Five Seasons in the Sonoran Desert</td>
<td>7:30 P.M.</td>
<td>Unlock the Secret to Extraordinary Health with David Perlmutter, M.D.*</td>
</tr>
<tr>
<td>3 THU</td>
<td>Rick Steves European Easter</td>
<td>8:00 P.M.</td>
<td>20 Things To Do In Midsomer... Before You Die *</td>
</tr>
<tr>
<td>4 FRI</td>
<td>Washington Week</td>
<td>8:30 P.M.</td>
<td>Country Pop Legends (My Music)</td>
</tr>
<tr>
<td>5 SAT</td>
<td>Magic Moments: The Best of '50s Pop</td>
<td>9:00 P.M.</td>
<td>The Rolling Stones: A Bigger Bang — Live on Copacabana Beach *</td>
</tr>
<tr>
<td>6 SUN</td>
<td>Sanditon Season 1, Part 3</td>
<td>9:30 P.M.</td>
<td>Sanditon Season 1, Part 4</td>
</tr>
<tr>
<td>7 MON</td>
<td>Italy Made With Love*</td>
<td>10:00 P.M.</td>
<td>Sanditon Season 1, Part 5</td>
</tr>
<tr>
<td>8 TUE</td>
<td>This Land Is Your Land (My Music)</td>
<td>10:30 P.M.</td>
<td>'60s Pop, Rock &amp; Soul (My Music)</td>
</tr>
<tr>
<td>9 WED</td>
<td>The Colorado</td>
<td>11:00 P.M.</td>
<td>Eat Your Medicine: The Pegan Diet with Mark Hyman, M.D.</td>
</tr>
<tr>
<td>10 THU</td>
<td>Rick Steves’ Why We Travel</td>
<td>11:30 P.M.</td>
<td>Midsomer Murders Harvest of Souls</td>
</tr>
<tr>
<td>11 FRI</td>
<td>Washington Week</td>
<td>12:00 A.M.</td>
<td>Magic Moments: The Best of '50s Pop</td>
</tr>
<tr>
<td>12 SAT</td>
<td>This Land Is Your Land (My Music)</td>
<td>12:30 A.M.</td>
<td>'60s Pop, Rock &amp; Soul (My Music)</td>
</tr>
<tr>
<td>13 SUN</td>
<td>Sanditon Season 1, Part 6</td>
<td>1:00 A.M.</td>
<td>Sanditon Season 1, Part 7</td>
</tr>
<tr>
<td>14 MON</td>
<td>Antiques Roadshow McNay Art Museum, Hour 1</td>
<td>1:30 A.M.</td>
<td>Sanditon Season 1, Part 8</td>
</tr>
<tr>
<td>15 TUE</td>
<td>Finding Your Roots On Broadway</td>
<td>2:00 A.M.</td>
<td>In Their Own Words Queen Elizabeth II</td>
</tr>
<tr>
<td>16 WED</td>
<td>Nature Pandas: Born to be Wild</td>
<td>2:30 A.M.</td>
<td>Frontline Sex Trafficking in America</td>
</tr>
<tr>
<td>17 THU</td>
<td>Check, Please! Arizona*</td>
<td>3:00 A.M.</td>
<td>Expedition With Steve Backshall: Unpacked*</td>
</tr>
<tr>
<td>18 FRI</td>
<td>Washington Week</td>
<td>3:30 A.M.</td>
<td>Rick Steves’ Europe</td>
</tr>
<tr>
<td>19 SAT</td>
<td>Father Brown The Maddest of All</td>
<td>4:00 A.M.</td>
<td>Midsomer Murders* The Ghost of Causton Abbey</td>
</tr>
<tr>
<td>20 SUN</td>
<td>Call the Midwife* Season 11, Part 1</td>
<td>4:30 A.M.</td>
<td>Great Performances* Movies for Grownups Awards with AARP The Magazine</td>
</tr>
<tr>
<td>21 MON</td>
<td>Antiques Roadshow* Omni Mount Washington Resort, Hour 3</td>
<td>5:00 A.M.</td>
<td>Vera* The Seagull</td>
</tr>
<tr>
<td>22 TUE</td>
<td>Finding Your Roots Hollywood Royalty</td>
<td>5:30 A.M.</td>
<td>Before We Die (UK)* Season 1, Part 1</td>
</tr>
<tr>
<td>23 WED</td>
<td>Nature Sex, Lies and Butterflies</td>
<td>6:00 A.M.</td>
<td>Frontline* Pelosi’s Power</td>
</tr>
<tr>
<td>24 THU</td>
<td>Check, Please! Arizona*</td>
<td>6:30 A.M.</td>
<td>Secret Mind of Slime</td>
</tr>
<tr>
<td>25 FRI</td>
<td>Washington Week</td>
<td>7:00 A.M.</td>
<td>Expedition With Steve Backshall: Unpacked*</td>
</tr>
<tr>
<td>26 SAT</td>
<td>Father Brown The Pride of the Prydes</td>
<td>7:30 A.M.</td>
<td>Rick Steves’ Europe</td>
</tr>
<tr>
<td>27 SUN</td>
<td>Call the Midwife* Season 11, Part 2</td>
<td>8:00 A.M.</td>
<td>Great Performances* The Conductor</td>
</tr>
<tr>
<td>28 MON</td>
<td>Antiques Roadshow* Let’s Celebrate!</td>
<td>8:30 A.M.</td>
<td>Death in Paradise</td>
</tr>
<tr>
<td>29 TUE</td>
<td>Finding Your Roots Off the Farm</td>
<td>9:00 A.M.</td>
<td>Vera* Blood Will Tell</td>
</tr>
<tr>
<td>31 THU</td>
<td>Check, Please! Arizona*</td>
<td>10:00 A.M.</td>
<td>Before We Die (UK)* Season 1, Part 2</td>
</tr>
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* New program
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<thead>
<tr>
<th>Time</th>
<th>SUN*</th>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
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<tbody>
<tr>
<td>5 a.m.</td>
<td>This Old House</td>
<td>NHK Newsline</td>
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<td>Garden Smart</td>
</tr>
<tr>
<td>5:30</td>
<td>Ask This Old House</td>
<td>BBC World News</td>
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<td></td>
<td>Rick Steves Europe</td>
</tr>
<tr>
<td>6:00</td>
<td>Mr. Rogers’ Neighborhood</td>
<td>Arthur</td>
<td></td>
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<td></td>
<td>America’s Heartland</td>
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<tr>
<td>6:30</td>
<td>Arthur</td>
<td>Nature Cat</td>
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<td></td>
<td></td>
<td></td>
<td>Fons &amp; Porter’s Love of Quilting</td>
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<tr>
<td>7:00</td>
<td>Molly of Denali</td>
<td>Molly of Denali</td>
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<td>It’s Sew Easy</td>
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<tr>
<td>7:30</td>
<td>Wild Kratts</td>
<td>Wild Kratts</td>
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<td>Best of Sewing with Nancy</td>
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<tr>
<td>8:00</td>
<td>Hero Elementary</td>
<td>Hero Elementary</td>
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<td>American Woodshop</td>
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<tr>
<td>8:30</td>
<td>Alma’s Way</td>
<td>Alma’s Way</td>
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<td>MotorWeek</td>
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<tr>
<td>9:00</td>
<td>Antiques Roadshow</td>
<td>Curious George</td>
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<td>This Old House</td>
</tr>
<tr>
<td>9:30</td>
<td>Antiques Roadshow</td>
<td>Daniel Tiger’s Neighborhood</td>
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<td></td>
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<td></td>
<td>Ask this Old House</td>
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<tr>
<td>10:00</td>
<td>Nova</td>
<td>Donkey Hodie</td>
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<td>Antiques Roadshow</td>
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<tr>
<td>10:30</td>
<td>Nature</td>
<td>Sesame Street</td>
<td></td>
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<td></td>
<td></td>
<td>Legacy List With Matt Paxton</td>
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<td>noon</td>
<td>Articulate</td>
<td>Dinosaur Train</td>
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<td>Christopher Kimball’s Milk Street</td>
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<tr>
<td>12:30</td>
<td>Richard Crenshaw Why we Travel 3/6</td>
<td>Clifford the Big Red Dog</td>
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<td></td>
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<td></td>
<td>Lidia’s Kitchen</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>Richard Crenshaw Why we Travel 3/6</td>
<td>Sesame Street</td>
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<td>Lidia’s Kitchen</td>
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<tr>
<td>1:30</td>
<td>Suze Orman 3/7</td>
<td>Why We Travel 3/1</td>
<td>Fascism In Europe 3/3</td>
<td>Desert Dreams 3/3</td>
<td>Brain Revolution 3/4</td>
<td>America’s Test Kitchen</td>
<td>Cook’s Country*</td>
</tr>
<tr>
<td>2:30</td>
<td>Burt Bacharach’s Best 3/13</td>
<td>Ed Slott 3/2</td>
<td>Endavour 3/1</td>
<td>Desert Dreams 3/3</td>
<td>Brain Revolution 3/4</td>
<td>As Time Goes By</td>
<td>As Time Goes By</td>
</tr>
<tr>
<td>3:00</td>
<td>Italy Made With Love 3/6</td>
<td>Suze Orman 3/7</td>
<td>Italian Made With Love 3/8</td>
<td>Endavour 3/1</td>
<td>Desert Dreams 3/3</td>
<td>Keeping Up Appearances</td>
<td>The Lawrence Welk Show</td>
</tr>
<tr>
<td>4:00</td>
<td>From Sea To Shining Sea 3/6</td>
<td>World Of Wisdom 3/7</td>
<td>Endavour 3/1</td>
<td>Desert Dreams 3/3</td>
<td>Ed Slott 3/2</td>
<td>Keeping Up Appearances</td>
<td>The Lawrence Welk Show</td>
</tr>
<tr>
<td>5:00</td>
<td>From Sea To Shining Sea 3/6</td>
<td>From Sea To Shining Sea 3/6</td>
<td>Why We Travel 3/9</td>
<td>From Sea To Shining Sea 3/3</td>
<td>Keeping Up Appearances</td>
<td>The Lawrence Welk Show</td>
<td>The Lawrence Welk Show</td>
</tr>
<tr>
<td>6:00</td>
<td>Death In Paradise</td>
<td>PBS NewsHour</td>
<td></td>
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<td></td>
<td></td>
<td>The Lawrence Welk Show</td>
</tr>
</tbody>
</table>
Tuesday 1
7:00 PBS NewsHour
9:00 Ed Slott’s Retirement Freedom!
(Also Wed. 3/2 at 12:30 A.M.; Wed. 3/2 at 2:30 P.M.; Sat. 3/5 at 11 P.M.; Sat. 3/12 at 2:30 A.M.; Sun. 3/27 at 2 A.M.)
11:00 Longevity Paradox with Steven Gundry, MD
Dr. Gundry shares informative, life-changing information and shows a step-by-step approach to help us all feel better and more youthful today, no matter your age. (Also Tue. 3/8 at 2:30 A.M.; Sat. 3/12 at 4:30 A.M.; Sun. 3/13 at 4:30 A.M.)

Wednesday 2
7:00 Desert Dreams: Celebrating Five Seasons in the Sonoran Desert
Discover the life and beauty that abound in the Sonoran Desert throughout the year. (Also Thu. 3/3 at 1:30 P.M.)
8:30 Unlock The Secret To Extraordinary Health with David Perlmutter, MD
(Also Fri. 3/4 at 3 P.M.; Sat. 3/5 at 12 P.M.; Mon. 3/7 at 11:30 P.M.; Sat. 3/12 at 10:30 P.M.)
10:00 The Brain Revolution
Explore neuroplasticity - the untapped power to improve our lives as we age - to learn how the brain works and how we can make it work for us. Features the latest scientific research and an easy-to-follow plan for maximizing and protecting the brain. (Also Fri. 3/4 at 1 P.M.; Sat. 3/5 at 12 A.M.; Sat. 3/5 at 10 A.M.; Fri. 3/11 at 12 A.M.)
12:00 Suze Orman’s Ultimate Retirement Guide
Join the acclaimed personal finance expert for essential advice on planning for and thriving in retirement. With empathy, straight talk and humor. Suze provides information about key steps for anyone trying to achieve their “ultimate retirement.” (Also Tue. 3/8 at 2:30 P.M.; Thu. 3/10 at 2:30 P.M.; Fri. 3/11 at 10:30 A.M.)

Thursday 3
7:00 Rick Steves European Easter
Take a spring journey through Spain, Slovenia, Italy, and Greece, to celebrate this 2,000-year-old story in a variety of cultures. (Also Sun. 3/6 at 1 P.M.; Thu. 3/10 at 2 A.M.; Sat. 3/12 at 9 A.M.)
8:30 20 Things to Do In Midsomer…. Before You Die
(Also Tue. 3/8 at 3 P.M.)
10:00 Suze Orman’s Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.) (Also Sat. 3/5 at 8 A.M.; Mon. 3/7 at 1:30 P.M.; Wed. 3/9 at 10:30 P.M.; Fri. 3/11 at 2 A.M.; Sat. 3/12 at 12:30 P.M.; Sun. 3/13 at 12 A.M.; Sun. 3/13 at 8 A.M.)
12:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
Dr. Hyman shares how unhealthy, ultra-processed foods have created an epidemic of preventable, chronic diseases and exactly how returning to real, whole food can treat, prevent and even reverse these diseases. (Also Sat. 3/5 at 6 A.M.; Sun. 3/6 at 10 A.M.; Sun. 3/6 at 10 P.M.; Wed. 3/9 at 1:30 P.M.; Wed. 3/9 at 8:30 P.M.; Thu. 3/10 at 10 P.M.)

Friday 4
7:00 Washington Week
7:30 Firing Line with Margaret Hoover
8:00 Country Pop Legends (My Music)
The greats of country pop unite to perform their biggest and most-loved hit recordings from the 1950s, 1960s and 1970s. County music legend Roy Clark hosts this emotional trip down three decades of memory lane.
10:00 You, Happier with Daniel Amen, MD
(Also Sat. 3/5 at 1:30 P.M.; Sun. 3/6 at 8 A.M.; Mon. 3/7 at 9:30 P.M.; Fri. 3/11 at 2:30 P.M.; Sat. 3/12 at 6 A.M.; Sat. 3/12 at 10:30 A.M.; Sun. 3/13 at 10 A.M.; Sun. 3/20 at 2 A.M.)

Saturday 5
12:00 The Brain Revolution
(See Wed. 3/2 at 10 P.M.) (Also 10 A.M.; Fri. 3/11 at 12 A.M.)
2:00 Dr. Fuhrman’s End Dieting Forever!
See how to choose foods that are nutrient rich so that your body is supplied with its nutritional needs for optimum health, disease prevention and maximum lifespan. (Also Wed. 3/9 at 2 A.M.)
4:00 Deepak Chopra: Your Path to Enlightenment
6:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
(See Thu. 3/3 at 12 A.M.) (Also Sun. 3/6 at 10 A.M.; Sun. 3/6 at 10 P.M.; Wed. 3/9 at 1:30 P.M.; Wed. 3/9 at 8:30 P.M.; Thu. 3/10 at 10 P.M.)
8:00 Suze Orman’s Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.) (Also Mon. 3/7 at 1:30 P.M.; Wed. 3/9 at 10:30 P.M.; Fri. 3/11 at 2 A.M.; Sat. 3/12 at 12:30 P.M.; Sun. 3/13 at 12 A.M.; Sun. 3/13 at 8 A.M.)
10:00 The Brain Revolution
(See Wed. 3/2 at 10 P.M.) (Also Fri. 3/11 at 12 A.M.)
Noon Unlock The Secret To Extraordinary Health with David Perlmutter, MD
(Also Mon. 3/7 at 11:30 P.M.; Sat. 3/12 at 10:30 P.M.)
1:30 You, Happier with Daniel Amen, MD
(Also Sun. 3/6 at 8 A.M.; Mon. 3/7 at 9:30 P.M.; Fri. 3/11 at 2:30 P.M.; Sat. 3/12 at 6 A.M.; Sat. 3/12 at 10:30 A.M.; Sun. 3/13 at 10 A.M.; Sun. 20 at 2 A.M.)
3:30 Carpenters: Close to You (My Music Presents)
Trace the Carpenters’ career through the eyes of Richard Carpenter and the group’s friends in the music business, featuring their top recording hits. (Also Sun. 3/6 at 5 A.M.; Sun. 3/13 at 3:30 P.M.)
5:00 Burt Bacharach’s Best (My Music Presents)
For over half-a-century, the immensely popular melodies of celebrated composer Burt Bacharach have touched millions of music lovers around the world. Sing along as all the original artists perform his hits with rare archival footage and clips from the 1960s-70s. (Also Sun. 3/6 at 3:30 A.M.; Sun. 3/13 at 2 P.M.)
6:30 Magic Moments: The Best of 50s Pop (My Music Presents)
(Also Sun. 3/6 at 1 A.M.; Fri. 3/11 at 8 P.M.)
9:00 The Rolling Stones: A Bigger Bang: Live On Copacabana Beach
(Also Tue. 3/8 at 10:30 P.M.)
11:00 Ed Slott’s Retirement Freedom!
(Also Sat. 3/12 at 2:30 A.M.; Sun. 3/27 at 2 A.M.)

Sunday 6
1:00 Magic Moments: The Best of 50s Pop (My Music Presents)
(Also Fri. 3/11 at 8 P.M.)
3:30 Burt Bacharach’s Best (My Music Presents)
(See Sat. 3/5 at 5 P.M.) (Also Sun. 3/13 at 2 P.M.)
5:00 Carpenters: Close to You (My Music Presents)
(See Sat. 3/5 at 3:30 P.M.) (Also Sun. 3/13 at 3:30 P.M.)
6:30 Arthur
“Portrait of the Artist as a Young Tibble/The Secret Guardians” (Also Mon. 3/7 at 6 A.M.)
7:00 Molly of Denali
“Berry Itchy Day/Herring Eggs Or Bust”
7:30 Wild Kratts
“Bad Hair Day”
8:00 You, Happier with Daniel Amen, MD
(Also Mon. 3/7 at 9:30 P.M.; Fri. 3/11 at 2:30 P.M.; Sat. 3/12 at 6 A.M.; Sat. 3/12 at 10:30 A.M.; Sun. 3/13 at 10 P.M.; Sun. 3/20 at 2 A.M.)

10:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
(See Thu. 3/3 at 12 A.M.) (Also 10 P.M.; Wed. 3/3 at 9 A.M.; Wed. 3/9 at 8:30 P.M.; Thu. 3/10 at 10 P.M.)

Noon Rick Steves Why We Travel
(Also Mon. 3/7 at 8:30 P.M.; Wed. 3/9 at 3:30 P.M.; Thu. 3/10 at 3:30 A.M.; Thu. 3/10 at 7 P.M.; Sat. 3/12 at 8 A.M.; Sun. 3/13 at 10 A.M.)

1:00 Rick Steves European Easter
(See Thu. 3/3 at 7 P.M.) (Also Thu. 3/10 at 2 A.M.; Sat. 3/12 at 9 A.M.)

2:30 Italy Made with Love
(Also Mon. 3/7 at 7 P.M.; Tue. 3/8 at 1:30 P.M.; Thu. 3/10 at 12:30 A.M.; Sat. 3/12 at 2:30 P.M.)

4:00 From Sea to Shining Sea
5:30 An Evening with Lerner and Loewe - Broadway in Concert
7:00 Sanditon On Masterpiece
"Episode Three" (Also Mon. 3/7 at 1 A.M.)
8:00 Sanditon On Masterpiece
"Episode Four" (Also Mon. 3/7 at 2 A.M.)
9:00 Sanditon On Masterpiece
"Episode Five" (Also Mon. 3/7 at 3 A.M.)

10:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
(See Thu. 3/3 at 12 A.M.) (Also Wed. 3/9 at 1:30 P.M.; Wed. 3/9 at 8:30 P.M.; Sun. 3/10 at 10 P.M.)

Monday 7
7:00 Italy Made with Love
(Also Tue. 3/8 at 1:30 P.M.; Thu. 3/10 at 12:30 A.M.; Sat. 3/12 at 2:30 P.M.)

8:30 Rick Steves Why We Travel
(Also Wed. 3/9 at 3:30 P.M.; Thu. 3/10 at 3:30 A.M.; Thu. 3/10 at 7 P.M.; Sat. 3/12 at 8 A.M.; Sun. 3/13 at 10 A.M.)

9:30 You, Happier with Daniel Amen, MD
(Also Fri. 3/11 at 2:30 P.M.; Sat. 3/12 at 6 A.M.; Sat. 3/12 at 10:30 A.M.; Sun. 3/13 at 10 P.M.; Sun. 3/20 at 2 A.M.)

11:30 Unlock The Secret To Extraordinary Health with David Perlmutter, MD
(Also Sat. 3/12 at 10:30 P.M.)

Tuesday 8
7:00 This Land Is Your Land (My Music)
Take a musical journey through the evolution of modern American folk music, from its roots in bluegrass to San Francisco coffee houses to clubs in Greenwich Village. The Smothers Brothers and Judy Collins host. (Also Wed. 3/9 at 12:30 A.M.; Thu. 3/10 at 1:30 P.M.; Sat. 3/12 at 7 P.M.)

8:30 60s Pop, Rock & Soul (My Music Presents)
(Also Sat. 3/12 at 12:30 A.M.; Sat. 3/12 at 8:30 P.M.; Sun. 3/27 at 12 A.M.)

10:30 The Rolling Stones: A Bigger Bang: Live On Copacabana Beach

Wednesday 9
7:00 The Colorado
(Also Thu. 3/10 at 3 P.M.)

8:30 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
(See Thu. 3/3 at 12 A.M.) (Also Thu. 3/10 at 10 P.M.)

10:30 Suze Orman’s Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.) (Also Fri. 3/11 at 2 A.M.; Sat. 3/12 at 12:30 P.M.; Sun. 3/13 at 12 A.M.; Sun. 3/13 at 8 A.M.)

Thursday 10
7:00 Rick Steves Why We Travel
(Also Sat. 3/12 at 8 A.M.; Sun. 3/13 at 10 A.M.)

8:00 Midsomer Murders
"Harvest of Souls" - When the owner of an equestrian center is trampled by his horse, DCI Barnaby and DS Nelson have to unravel a complex feud from the past, where nothing is what it seems. (Also Tue. 3/15 at 2:30 P.M.)

8:45 Midsomer Murders
"Harvest of Souls" (Also Tue. 3/15 at 3:13 P.M.)

9:30 Local Pre-Taped Breaks for Pledge
(Also Sat. 3/12 at 5 P.M.)

10:00 EAT YOUR MEDICINE: The Pegan Diet with Mark Hyman, MD
(See Thu. 3/3 at 12 A.M.)

12:00 The Brain Revolution
(See Wed. 3/2 at 10 P.M.)

Friday 11
7:00 Washington Week
7:30 Firing Line with Margaret Hoover
8:00 Magic Moments: The Best of 50s Pop (My Music Presents)
10:30 Soul Legends (My Music)
Join host P a.m. Grier in a tribute to the greatest soul hits and performers from the 1970s and 80s. Features classics by The Temptations, Marvin Gaye, Gladys Knight & the Pips, Bill Withers, The Spinners, Isaac Hayes, Minnie Riperton and more.

Saturday 12
12:30 60s Pop, Rock & Soul (My Music Presents)
(Also 8:30 P.M.; Sun. 3/27 at 12 A.M.)

2:30 Ed Slott’s Retirement Freedom!
(Also Sun. 3/27 at 2 A.M.)

4:30 Longevity Paradox with Steven Gundry, MD
"Episode Four"
"Episode Three"
"Episode Two"
"Episode One"
"Happier with You, Happier with Martha Stewart" (Also Sun. 3/13 at 10 A.M.)

6:00 You, Happier with Daniel Amen, MD
(Also 10:30 A.M.; Sun. 3/13 at 10 P.M.; Sun. 3/20 at 2 A.M.)

8:00 Rick Steves Why We Travel
(Also Sun. 3/13 at 10 A.M.)

9:00 Rick Steves European Easter
(See Thu. 3/3 at 7 P.M.)

10:30 You, Happier with Daniel Amen, MD
(Also Sun. 3/13 at 10 A.M.; Sun. 3/20 at 2 A.M.)

12:30 P.M. Suze Orman’s Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.) (Also Sun. 3/13 at 12 A.M.; Sun. 3/13 at 8 A.M.)

2:30 Italy Made with Love
4:00 Pavlo: Live In Santorini
Enjoy the music of the Mediterranean guitarist and special guests in a concert from the mystical Greek island of breathtaking sunsets and panoramic views. Featuring classic songs from Pavlo, Benise and America’s Got Talent finalist Daniel Emmet.

5:00 Local Pre-Taped Breaks for Pledge
5:30 Il Volo - Tribute to Ennio Morricone

7:00 This Land Is Your Land (My Music)
(See Tue. 3/8 at 7 P.M.)

8:30 60s Pop, Rock & Soul (My Music Presents)
(Also Sun. 3/27 at 12 A.M.)

10:30 Unlock The Secret To Extraordinary Health with David Perlmutter, MD

Sunday 13
12:00 Suze Orman’s Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.) (Also 8 A.M.)
2:00 Aging Backwards 3 with Miranda Esmonde-White
Former dancer Miranda Esmonde-White uses groundbreaking science to develop a practical six-point plan anyone can use to keep their minds sharp and their bodies active using gentle daily movement. (Also Sun. 3/27 at 4 A.M.)

3:00 Forever Painless with Miranda Esmonde-White
Get a groundbreaking and eye-opening education on pain and its causes, as well as a new approach to pain management.

4:30 Longevity Paradox with Steven Gundry, MD
(See Tue. 3/1 at 11 P.M.)

6:00 Mister Rogers' Neighborhood
"Pianist Andre Watts/Practicing & Mistakes"

6:30 Arthur
"The Last of Mary Moo Cow/Bitz'i's Beau" (Also Mon. 3/14 at 6 A.M.)

7:00 Molly of Denali
"Culture Clash/Party Moose"

7:30 Wild Kratts "Blue Heron"

8:00 Suze Orman's Ultimate Retirement Guide
(See Wed. 3/2 at 12 A.M.)

10:00 Rick Steves Why We Travel

11:00 Rick Steves Fascism In Europe
In this one-hour special, Rick Steves travels back a century to learn how fascism rose and then fell in Europe. He traces fascism’s history from its roots in the turbulent aftermath of World War I to the rise of charismatic leaders who manipulated that anger.

12:30 p.m. The Brain Revolution

2:00 Burt Bacharach's Best (My Music Presents)
(See Sat. 3/5 at 5 P.M.)

3:30 Carpenters: Close to You (My Music Presents)
(See Sat. 3/5 at 3:30 P.M.)

5:00 I Miss Downton Abbey!
Revisit treasured moments from the unforgettable series, including new behind-the-scenes clips and interview footage. Celebrate the stellar cast, the superb writing and the spectacular locations of the most successful British drama ever.

7:00 Sanditon On Masterpiece
"Episode Six" (Also Mon. 3/14 at 1 A.M.)

8:00 Sanditon On Masterpiece
"Episode Seven" (Also Mon. 3/14 at 2 A.M.)

9:00 Sanditon On Masterpiece
"Episode Eight, Season Finale" - On the night of the Midsummer Ball, romance, jealousy and betrayal fill the air. Events conspire to leave Charlotte and the Parker family facing difficult choices. (Also Mon. 3/14 at 3 P.M.)

10:00 You, Happier with Daniel Amen, Md
(Also Sun. 3/20 at 2 A.M.)

Monday 14

7:00 Antiques Roadshow
"McNay Art Museum Hour 1" - It’s a fiesta of fabulous finds as Roadshow visits McNay Art Museum in San Antonio for standouts like a W. W. Denslow-inscribed "The Wonderful Wizard of Oz," a Mercury Space Capsule wind tunnel model and a black opal ring. Which is 60,000-120,000? (Also Tue. 3/15 at 1 A.M.; Tue. 3/15 at 1:30 P.M.; Sun. 3/20 at 9 A.M.)

8:00 Antiques Roadshow
"McNay Art Museum Hour 2" - Everything is bigger in Texas, including Roadshow appraisals such as Julius Cohen yellow diamond earrings, a 1928 Gibson Granada banjo and a collection of original comic art dating to around 1937 (Also Tue. 3/15 at 2 A.M.; Sat. 3/19 at 10 A.M.)

9:00 In Their Own Words
"Queen Elizabeth II" - Follow Queen Elizabeth II’s remarkable life, from her youth to her uncle’s abdication, her father’s coronation as King George VI, her experience during World War II, her sudden ascension to the throne and her eventful reign of more than 60 years. (Also Tue. 3/15 at 3 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Queen at War
Learn how the longest reigning monarch in British history was shaped by World War II. Princess Elizabeth’s experiences during the war mirrored those of the public and helped shape her into the Queen she is today.

12:00 Amanpour and Company

Tuesday 15

7:00 Finding Your Roots
"On Broadway" - Henry Louis Gates, Jr. investigates the family histories of Broadway stars Audra MacDonald and Mandy Patinkin, discovering ancestors whose struggles laid the groundwork for their success. (Also Wed. 3/16 at 1 A.M.; Wed. 3/16 at 1:30 P.M.; Fri. 3/18 at 11 P.M.)

8:00 Annie Oakley: American Experience

9:00 Frontline
"Sex Trafficking In America" - Exposing the hidden reality of sex trafficking, inside a police unit and a victim’s harrowing story. Filmed over three years, an up-close look at how victims are groomed and sold and innovative ways undercover police target traffickers and buyers. (Also Wed. 3/16 at 3 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Ireland with Michael "The Mad Dash"
11:30 Rick Steves' Europe "The Best of Slovenia"
12:00 Amanpour and Company

Wednesday 16

7:00 Nature
"Pandas: Born to Be Wild" - Unlock the mysteries of wild pandas whose counterparts in captivity are known for their gentle image. Journey through the steep Qinling Mountains with filmmakers, scientists and rangers to witness pandas’ startling courtship and aggression behaviors. (Also Thu. 3/17 at 1 A.M.; Thu. 3/17 at 1:30 P.M.; Thu. 3/17 at 11 P.M.; Sat. 3/19 at 6 P.M.; Sun. 3/20 at 11 A.M.)

8:00 Nova
"Looking for Life On Mars" (Also Thu. 3/17 at 2 A.M.; Fri. 3/18 at 1:30 P.M.; Sun. 3/20 at 10 A.M.)

9:00 Expedition with Steve Backshall: Unpacked
"No Turning Back" (Also Thu. 3/17 at 3 A.M.; Thu. 3/17 at 2:30 P.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 The Legacy List
"Our Adobe Home"
12:00 Amanpour and Company

Thursday 17

7:00 Check, Please! Arizona
(Also Sat. 3/19 at 10:30 P.M.)

7:30 Rick Steves' Europe
"Germany's Dresden and Leipzig" - Saxony, part of former East Germany, remains a secret to most travelers. Rick visits the two great cities of the region: the capital city of Dresden, with the opulent palaces and art treasures, and Leipzig, with its Bach heritage and museums remembering its communist heritage.

8:00 Midsomer Murders
"The Ghost of Causton Abbey, Part 1" (Also Fri. 3/18 at 2 A.M.; Tue. 3/22 at 2:30 P.M.)
9:00 Midsomer Murders
"The Ghost of Causton Abbey, Part 2" (Also Fri. 3/18 at 3 A.M.; Tue. 3/22 at 3:30 P.M.)
10:00 Arizona Horizon
10:30 Cronkite News
11:00 Nature
"Pandas: Born to Be Wild" - (See Wed. 3/16 at 7 P.M.) (Also Sat. 3/19 at 6 P.M.; Sun. 3/20 at 11 A.M.)
12:00 Amanpour and Company

Friday 18
7:00 Washington Week
7:30 Firing Line with Margaret Hoover
8:00 Great Performances
"Movies for Grownups Awards with AARP The Magazine" (Also Sat. 3/19 at 2 A.M.)
9:30 Variety Studio: Actors On Actors (Also Sat. 3/19 at 3:30 A.M.)
10:00 Arizona Horizon
10:30 Cronkite News
11:00 Finding Your Roots
"On Broadway" - (See Tue. 3/15 at 7 P.M.)

Saturday 19
12:00 Amanpour and Company
1:00 Washington Week
1:30 Firing Line with Margaret Hoover
2:00 Great Performances
"Movies for Grownups Awards with AARP The Magazine"
3:30 Variety Studio: Actors On Actors
4:00 Paint This with Jerry Yarnell
"Two of a Kind, Part 4"
4:30 Best of the Joy of Painting
"Cabin In Sunset"
5:00 Garden SMART
5:30 Rick Steves' Europe
"Croatia: Adriatic Delights" - Rick explores the fabled Dalmatian Coast from dramatic Dubrovnik to crusty Adriatic island ports. Heading inland, we hike through Plitvice Lakes National Park and enjoy the thriving capital city Zagreb. Our Croatian finale: the Istrian Peninsula and its enchanting port town of Rovinj.
6:00 America’s Heartland
6:30 Fons & Porter’s Love of Quilting
“Partners in Patchwork II”
7:00 It’s Sew Easy
"Change Is Good"
7:30 Best of Sewing with Nancy
“Quilt With an Embroidery Machine in 8 Easy Lessons, Part 1”
8:00 American Woodshop
"Tall Vase Turning"
8:30 MotorWeek
9:00 This Old House
"West Roxbury | Outdoor Oasis" (Also Sun. 3/20 at 5 A.M.)
9:30 This Old House
"West Roxbury | Exploring Flooring" (Also Sun. 3/20 at 5:30 A.M.)
10:00 Antiques Roadshow
"McNay Art Museum Hour 2" - (See Mon. 3/14 at 8 P.M.)
11:00 The Legacy List

Sunday 20
12:00 Big Band Years (My Music Presents)
2:00 You, Happier with Daniel Amen, Md
4:00 Feel Better with Pressure Point Therapy
In the first-ever special on Pressure Points Therapy, Dr. Michael Pinkus (D.C.) empowers viewers to take pain relief into their own hands.
5:00 This Old House
"West Roxbury | Outdoor Oasis"
5:30 This Old House
"West Roxbury | Exploring Flooring"
6:00 Mister Rogers' Neighborhood
"Neighborhood Opera: Windstorm In Bubbleland"

6:30 Arthur
"Just Desserts/The Big Dig" (Also Mon. 3/21 at 6 A.M.)

7:00 Molly of Denali
"Basketball Blues" (Also Wed. 3/23 at 7 A.M.)

7:30 Wild Kratts
"Walk on the Wetside"

8:00 Hero Elementary
"Turtle Beach / Shine A Light On Me"

8:30 Alma's Way
"Alma On Ice/Junior's Lost Tooth"

9:00 Antiques Roadshow
"McNay Art Museum Hour 1" - (See Mon. 3/14 at 7 P.M.)

10:00 Nova
"Looking for Life On Mars"

11:00 Nature
"Pandas: Born to Be Wild" - (See Wed. 3/16 at 7 P.M.)

Noon Articulate with Jim Cotter
"Worlds of Words"

12:30 Granchester Season 4 On Masterpiece
"Episode One" - Sidney is swept up in the civil rights movement when Reverend Todd and his daughter arrive - and a murder sees racial tensions spike. Sidney struggles to remember a victim's final words. Geordie investigates a slum connected to a deadly web of vice.

2:30 Granchester Season 4 On Masterpiece
"Episode Two" - When a professor dies at a cutting-edge computer laboratory, Geordie turns to Leonard for assistance. As they discover the messy love lives of the computer laboratory team, Cathy is tricked, Will returns and Mrs. C makes a shocking discovery.

3:30 Granchester Season 4 On Masterpiece
"Episode Three" - When a child from an isolated farming family is accused of murder, Will is the only one able to reach him, and it brings out unexpected sides of the young vicar, shocking Geordie.

4:30 Granchester Season 4 On Masterpiece
"Episode Four" - When Will asks for Geordie's help with a family matter, Geordie is surprised to discover where Will really grew up: a house filled with secrets and lies.

5:30 PBS NewsHour Weekend

6:00 Death In Paradise
(See Sat. 3/19 at 8 P.M.) (Also Mon. 3/21 at 12 A.M.)

7:00 Call The Midwife
"Episode 1" (Also Mon. 3/21 at 1 A.M.; Sun. 3/27 at 3:30 P.M.)

8:00 Sanditon On Masterpiece
(Also Mon. 3/21 at 2 A.M.; Mon. 3/21 at 3:30 P.M.; Sun. 3/27 at 4:30 P.M.)

9:00 Before We Die (Swedish)
(Also Mon. 3/21 at 3 A.M.)

10:00 RFDS: Royal Flying Doctor Service

11:00 Thou Shalt Not Kill

Monday 21

7:00 Antiques Roadshow
"Omni Mount Washington Resort Hour 3" (Also Tue. 3/22 at 1 A.M.; Tue. 3/22 at 1:30 P.M.; Sat. 3/26 at 10 A.M.; Sun. 3/27 at 9 A.M.)

8:00 Antiques Roadshow
"McNay Art Museum Hour 3" - Everything is bigger in Texas, including Roadshow appraisals such as Julius Cohen yellow diamond earrings, a 1928 Gibson Granada banjo and a collection of original comic art dating to around 1937. (Also Tue. 3/22 at 2 A.M.)

9:00 Bring Her Home

(Also Tue. 3/22 at 3 A.M.)

10:00 Arizona Horizon

10:30 Cronkite News

11:00 Warrior Women
Warrior Women is the untold story of American Indian Movement activists who fought for civil rights in the '70s, anchored by one of the Red Power Movement’s most outspoken Lakota leaders, Madonna Thunder Hawk, and her daughter Marcy Gilbert.

12:00 Amanpour and Company

Tuesday 22

7:00 Finding Your Roots
"Hollywood Royalty" - Henry Louis Gates, Jr. helps actors Isabella Rossellini, Anjelica Huston and Mia Farrow unearth surprising new revelations about their family histories, taking them generations beyond their famous cinematic forebears. (Also Wed. 3/23 at 1 A.M.; Wed. 3/23 at 1:30 P.M.; Fri. 3/25 at 11 P.M.)

8:00 Frontline
"Pelosi's Power" (Also Wed. 3/23 at 2 A.M.)

9:30 In Their Own Words
"Angela Merkel" (Also Wed. 3/23 at 3:30 A.M.; Wed. 3/23 at 11 P.M.)

10:30 Arizona Horizon
(See Mon. 3/14 at 10 P.M.)

11:00 Cronkite News
(See Mon. 3/14 at 10:30 P.M.)

11:30 Les Stroud’s Beyond Survival
"The Devil Dancers of Sri Lanka"

12:00 Amanpour and Company

Wednesday 23

7:00 Nature
"Sex, Lies and Butterflies" - Explore the astounding abilities of butterflies: 360 degree vision, deceptive camouflage, chemical weaponry and fantastic flight. Look beyond their bright colors and fragile beauty, and follow them on one of the greatest migrations on earth. (Also Thu. 3/24 at 1 A.M.; Thu. 3/24 at 1:30 P.M.; Thu. 3/24 at 11 P.M.; Sat. 3/26 at 6 P.M.; Sun. 3/27 at 11 A.M.)

8:00 Nova
"Secret Mind of Slime" - Scientists investigate the bizarre "intelligence" of slime molds, which appear to learn and make decisions -- without a brain. These cunning, single-celled blobs can navigate mazes and create efficient networks. Can they also redefine cognition? (Also Thu. 3/24 at 2 A.M.; Fri. 3/25 at 1:30 P.M.; Sun. 3/27 at 10 A.M.)

9:00 Expedition with Steve Backshall: Unpacked
"Close Encounters" (Also Thu. 3/24 at 3 A.M.; Thu. 3/24 at 2:30 P.M.)

10:00 Arizona Horizon

10:30 Cronkite News

11:00 In Their Own Words
"Angela Merkel"

12:00 Amanpour and Company

Thursday 24

7:00 Check, Please! Arizona
(Also Sat. 3/26 at 10:30 P.M.; Tue. 3/29 at 4 P.M.)

7:30 Rick Steves’ Europe
"Germany's Frankfurt and Nurnberg" - Explore two cities that are a study in contrasts. Skyscraper-studded Frankfurt - nicknamed "Bankfurt" - has a delightful-to-explore old center. In Nurnberg, Rick visits its towering castle, playful fountains and maze of underground bomb shelters.

8:00 Midsomer Murders
9:00 Midsomer Murders
"Death of the Small Coppers, Part 2" (Also Fri. 3/25 at 3 A.M.; Tue. 3/29 at 3:15 P.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Nature
"Sex, Lies and Butterflies" - (See Wed. 3/23 at 7 P.M.) (Also Sat. 3/26 at 6 P.M.; Sun. 3/27 at 11 A.M.)

12:00 Amanpour and Company

Friday 25
7:00 Washington Week
(Also Sat. 3/26 at 1 A.M.)
7:30 Firing Line with Margaret Hoover
(Also Sat. 3/26 at 1:30 A.M.)
8:00 Great Performances
"The Conductor" (Also Sat. 3/26 at 2 A.M.)
9:30 Variety Studio: Actors On Actors
(Also Sat. 3/26 at 3:30 A.M.)

10:00 Arizona Horizon
10:30 Cronkite News
11:00 Finding Your Roots
"Hollywood Royalty" - (See Tue. 3/22 at 7 P.M.) (Also Sat. 3/26 at 6 P.M.; Sun. 3/27 at 11 A.M.)

Saturday 26
12:00 Amanpour and Company
1:00 Washington Week
1:30 Firing Line with Margaret Hoover
2:00 Great Performances
"The Conductor"
3:30 Variety Studio: Actors On Actors
4:00 Paint This with Jerry Yarnell
"Rocky Mountain Refuge, Part 1"
4:30 Best of the Joy of Painting
"Mountain Splendor"
5:00 Garden SMART
5:30 Rick Steves' Europe
"Dubrovnik and Balkan Side-Trips"
6:00 America's Heartland
6:30 Fons & Porter's Love of Quilting
"Partners In Patchwork III"
7:00 It's Sew Easy
"Playful Pants"
7:30 Best of Sewing with Nancy
"Quilt With an Embroidery Machine in 8 Easy Lessons, Part 1"
8:00 American Woodshop
"Wall Curio Cabinet"
8:30 MotorWeek
9:00 This Old House
"West Roxbury | Father and Son" (Also Sun. 3/27 at 5 A.M.)
9:30 Ask This Old House
"Fireplace Repairs, Simple Clog Fixes" (Also Sun. 3/27 at 5:30 A.M.)
10:00 Antiques Roadshow
"Omni Mount Washington Resort Hour 3" (Also Sun. 3/27 at 9 A.M.)
11:00 The Legacy List "A Coach's Life"
Noon Christopher Kimball's Milk Street Television
"Flavors of Ethiopia"
12:30 Lidia's Kitchen

"Death of the Small Coppers, Part 1" (Also Fri. 3/25 at 2 A.M.; Tue. 3/29 at 2:30 P.M.)

1:00 Pati's Mexican Table
"Hermosillo Food Crawl"
1:30 Cook's Country
"Paprikash and Stroganoff"
2:00 America's Test Kitchen from Cook's Illustrated
2:30 America's Test Kitchen from Cook's Illustrated
"Summer Picnic Party"
3:00 Keeping Up Appearances
"Daddy's Accident"
3:30 As Time Goes By
"Series Two, Episode Two"
4:00 The Lawrence Welk Show
"200 Years of American Music - Part I"
5:00 Samantha Brown's Places to Love
"Boston, Massachusetts"
5:30 PBS NewsHour Weekend
6:00 Nature
"Sex, Lies and Butterflies" - (See Wed. 3/23 at 7 P.M.) (Also Sun. 3/27 at 11 A.M.)

7:00 Father Brown
"The Pride of the Prydes" - The grand opening of Pryde Castle ends in disaster when a guide is struck by an arrow. Father Brown becomes convinced that the motive lies buried in the family's past. (Also Mon. 3/28 at 2:30 P.M.)
8:00 Death In Paradise
The team are baffled when an archaeologist is poisoned during a dig but there is no evidence to prove how it was done. Meanwhile, Neville tests his skills in an island crab-cooking competition. (Also Sun. 3/27 at 6 P.M.; Mon. 3/28 at 12 A.M.)
9:00 Vera
"Blood Will Tell"
10:30 Check, Please! Arizona
(Also Tue. 3/29 at 4 P.M.)
11:00 Austin City Limits
"Yola"

Sunday 27
12:00 60s Pop, Rock & Soul (My Music Presents)
2:00 Ed Slott's Retirement Freedom!
4:00 Aging Backwards 3 with Miranda Esmonde-White
(See Sun. 3/13 at 2 A.M.)
5:00 This Old House
"West Roxbury | Father and Son"
5:30 Ask This Old House
"Fireplace Repairs, Simple Clog Fixes"
6:00 Mister Rogers' Neighborhood
"Week of Programs On Work"
6:30 Arthur
"Binky Wrestles with a Story/All Will Be Revealed" (Also Mon. 3/28 6 A.M.)
7:00 Molly of Denali
"A Fireweed Feast/River Skate"
7:30 Wild Kratts
"Komodo Dragon"
8:00 Hero Elementary
"Bugging Out / Eager Beavers"
8:30 Alma's Way
"Alma's New Kicks/Star Ball"
9:00 Antiques Roadshow
"Keep It Fresh"
### March 2022

#### Program Listings

**Monday 28**

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<tr>
<th>Time</th>
<th>Program</th>
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<tr>
<td>7:00</td>
<td>Antiques Roadshow</td>
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<tr>
<td>7:30</td>
<td>Grantchester Season 4 On Masterpiece</td>
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<td>8:00</td>
<td>Antiques Roadshow</td>
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<tr>
<td>8:30</td>
<td>&quot;Let's Celebrate!&quot; (Also Tue. 3/29 at 1:30 A.M.; Tue. 3/29 at 1:30 P.M.)</td>
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<tr>
<td>9:00</td>
<td>Amelia Earhart: American Experience</td>
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<td>10:00</td>
<td>Arizona Horizon</td>
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<td>10:30</td>
<td>Cronkite News</td>
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<td>11:00</td>
<td>Independent Lens</td>
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<tr>
<td>11:00</td>
<td>&quot;Writing with Fire&quot;</td>
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**Tuesday 29**

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<td>Finding Your Roots</td>
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**Thursday 31**

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