

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							midn.
1:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Gardenfit	My World Too	Beyond the Lens	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							2:00
5:00	Yoga in Practice	Body Electric	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Functional Fitness	Yoga in Practice	5:00
5:30	Wai Lana Yoga	Functional Fitness	Classical Stretch	Yoga in Practice	Body Electric	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							6:00
7:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	First Civilizations; Breakthrough (7/28)	My World Too	Beyond the Lens	7:30
8:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop		This Old House	American Woodshop	8:00
8:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Greener World	Ask This Old House	Check, Please! Arizona	8:30
9:00	Moveable Feast	Nick Stellino: Story-teller	Food Flirts; Migrant Kitchen (7/25)	Simply Ming	Lidia's Kitchen	Chef's Life	Cook's Country	9:00
9:30	Christopher Kimball's Milk Street Television	Baking with Julia	Julia Child-- Cooking with Master Chefs	America's Test Kitchen	Pati's Mexican Table	Simply Ming	Travel's with Darley	9:30
10:00	Welcome to My Farm	Sara's Weeknight Meals	Pati's Mexican Table	Dining with the Chef	Family Ingredients	Nick Stellino: Story-teller	Wild Travels (7/2); Burt Wolf	10:00
10:30	Lidia's Kitchen	Taste of History	Steven Raichlen's Project Fire	Cook's Country	Kevin Belton's Cookin' Louisiana	Welcome to My Farm	Pati's Mexican Table	10:30
11:00	Chef's Life	America's Test Kitchen	Kevin Belton's Cookin' Louisiana	Pati's Mexican Table	Sara's Weeknight Meals	Baking With Julia Child	Family Ingredients	11:00
11:30	Christina Cooks (7/3); Food Flirts	Moveable Feast	Travels with Darley	Taste of History	Christopher Kimball's Milk Street Television	Dining with the Chef	Steven Raichlen's Project Fire	11:30
noon	Articulate	Fons & Porter's Love of Quilting	Burt Wolf: Travels & Traditions	It's Sew Easy	Make It Artsy	J Schwanke's Life in Bloom	Knit and Crochet Now	noon
12:30	Best of "Joy of Painting"	Quilting Arts	Painting with Wilson Bickford	Best of Sewing with Nancy	Creative Living	Paint This with Jerry Yarnell	Arizona Collectibles	12:30
1:00	Places to Love	Desert Speaks	Great Scenic Railway	Today's Wild West	Texas Parks and Wildlife	Desert Speaks	Beyond Your Backyard	1:00
1:30	Daytripper	Rick Steves' Europe	Beyond the Lens	My World Too	Beyond Survival	Arizona Wildlife Views	Journeys in Japan	1:30
2:00	Texas Parks And Wildlife	Seeing Canada	Beyond Your Backyard	Places to Love	Rick Steves' Europe	Today's Wild West	Great Scenic Railway	2:00
2:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Gardenfit	My World Too	Beyond the Lens	2:30
3:00	Make It Artsy	Articulate	Fons & Porter's Love of Quilting	J Schwanke's Life in Bloom	It's Sew Easy	Knit and Crochet Now	Articulate	3:00
3:30	Creative Living	Best of "Joy of Painting"	Quilting Arts	Painting with Wilson Bickford	Best of Sewing with Nancy	Arizona Collectibles	Paint This with Jerry Yarnell	3:30
4:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop	Bringing It Home	This Old House	American Woodshop	4:00
4:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Greener World	Ask This Old House	Check, Please! Arizona	4:30
5:00	Moveable Feast	Nick Stellino; Migrant Kitchen (7/25)	Food Flirts	Simply Ming	Lidia's Kitchen	Chef's Life	Cook's Country	5:00
5:30	Christopher Kimball's Milk Street Television	Baking with Julie	Julia Child -- Cooking with Master Chefs	America's Test Kitchen	Pati's Mexican Table	Simply Ming	Travels with Darley	5:30
6:00	Welcome to My Farm	Sara's Weeknight Meals	Pati's Mexican Table	Dining with the Chef	Steve Raichlen's Project Fire	Nick Stellino; Migrant Kitchen (7/22)	Wild Travels	6:00
6:30	Lidia's Kitchen	Taste of History	Steven Raichlen's Project Fire	Cook's Country	Kevin Belton's Cookin' Louisiana	Welcome to My Farm	Pati's Mexican Table	6:30
7:00	Chef's Life	America's Test Kitchen	Kevin Belton's Cookin' Louisiana	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Family Ingredients; Project Fire (7/23)	7:00
7:30	Christina Cooks (7/3); Food Flirts	Moveable Feast	Travels with Darley	Taste of History	Christopher Kimball's Milk Street Television	Dining with the Chef	Steven Raichlen's Project Fire	7:30
8:00	Places To Love	Desert Speaks	Great Scenic Railway	Today's Wild West	Texas Parks And Wildlife	Desert Speaks	Beyond Your Backyard	8:00
8:30	Daytripper	Rick Steves' Europe	Beyond the Lens	My World Too	Beyond Survival	Arizona Wildlife Views	Journeys in Japan	8:30
9:00	Texas Parks And Wildlife	Seeing Canada	Beyond Your Backyard	Places To Love	Rick Steves' Europe	Today's Wild West	Great Scenic Railway	9:00
9:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	First Civilizations (7/7) Breakthrough (7/14, 21, 28)	My World Too	Beyond the Lens	9:30
10:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop		This Old House	American Woodshop	10:00
10:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona		Ask This Old House	Jacques Pepin	10:30
11:00	Second Opinion	Bringing It Home	Creative Living	Jazzy Vegetarian	10 That Changed America	Check, Please! Arizona	Creative Living	11:00
11:30	Jazzy Vegetarian	Central Texas Gardener	Skindigenous	Second Opinion				Bringing It Home