

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							midn.
1:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Gardenfit	My World Too	Real Road Adventures	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							2:00
5:00	Yoga in Practice	Body Electric	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Functional Fitness	Yoga in Practice	5:00
5:30	Wai Lana Yoga	Functional Fitness	Classical Stretch	Yoga in Practice	Body Electric	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							6:00
7:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Breakthrough: The Ideas That Changed the World	My World Too	Real Road Adventures	7:30
8:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop		This Old House	American Woodshop	8:00
8:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona		Greener World	Ask This Old House	Check, Please! Arizona
9:00	Moveable Feast	Migrant Kitchen	Food Flirts	Simply Ming	Lidia's Kitchen	Chef's Life	Cook's Country	9:00
9:30	Christopher Kimball's Milk Street Television	Baking with Julia	Dishing with Julia Child	America's Test Kitchen	Pati's Mexican Table	Simply Ming	Travel's with Darley	9:30
10:00	America's Test Kitchen	Sara's Weeknight Meals	Pati's Mexican Table	Dining with the Chef	Steven Raichlen's Project Fire	Migrant Kitchen	Burt Wolf: Travels & Traditions	10:00
10:30	Lidia's Kitchen	Cook's Country	Steven Raichlen's Project Fire	Cook's Country	Kevin Belton's Cookin' Louisiana	America's Test Kitchen	Pati's Mexican Table	10:30
11:00	Chef's Life	America's Test Kitchen	Kevin Belton's Cookin' Louisiana	Pati's Mexican Table	Sara's Weeknight Meals	Baking With Julia Child	Steven Raichlen's Project Fire	11:00
11:30	Food Flirts	Taste of History	Travels with Darley	Cook's Country	Christopher Kimball's Milk Street Television	Dining with the Chef	Steven Raichlen's Project Fire	11:30
noon	Articulate	Fons & Porter's Love of Quilting	Burt Wolf: Travels & Traditions	It's Sew Easy	Make It Artsy	J Schwanke's Life in Bloom	Knit and Crochet Now	noon
12:30	Best of "Joy of Painting"	Quilting Arts	Painting with Wilson Bickford	Best of Sewing with Nancy	Creative Living	Paint This with Jerry Yarnell	Arizona Collectibles	12:30
1:00	Places to Love	Desert Speaks	Great Scenic Railway	Today's Wild West	Texas Parks and Wildlife	Desert Speaks	100 Days, Drinks, Dish...	1:00
1:30	Daytripper	Rick Steves' Europe	Real Road Adventures	My World Too	Beyond Survival	Arizona Wildlife Views	Journeys in Japan	1:30
2:00	Texas Parks And Wildlife	Seeing Canada	100 Days, Drinks, Dish...	Places to Love	Rick Steves' Europe	Today's Wild West	Great Scenic Railway	2:00
2:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Gardenfit	My World Too	Real Road Adventures	2:30
3:00	Make It Artsy	Articulate	Fons & Porter's Love of Quilting	J Schwanke's Life in Bloom	It's Sew Easy	Knit and Crochet Now	Articulate	3:00
3:30	Creative Living	Best of "Joy of Painting"	Quilting Arts	Painting with Wilson Bickford	Best of Sewing with Nancy	Arizona Collectibles	Paint This with Jerry Yarnell	3:30
4:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop	Bringing It Home	This Old House	American Woodshop	4:00
4:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Greener World	Ask This Old House	Check, Please! Arizona	4:30
5:00	Taste of History	Migrant Kitchen	Food Flirts	Simply Ming	Lidia's Kitchen	Chef's Life	Cook's Country	5:00
5:30	Christopher Kimball's Milk Street Television	Baking with Julie	Dishing with Julia Child	America's Test Kitchen	Pati's Mexican Table	Simply Ming	Travels with Darley	5:30
6:00	America's Test Kitchen	Sara's Weeknight Meals	Pati's Mexican Table	Dining with the Chef	Steve Raichlen's Project Fire	Migrant Kitchen	Burt Wolf: Travels & Traditions	6:00
6:30	Lidia's Kitchen	Taste of History	Steven Raichlen's Project Fire	Cook's Country	Kevin Belton's Cookin' Louisiana	America's Test Kitchen	Pati's Mexican Table	6:30
7:00	Chef's Life	America's Test Kitchen	Kevin Belton's Cookin' Louisiana	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Steven Raichlen's Project Fire	7:00
7:30	Food Flirts (8/7); Ciao Italia (8/28)	Taste of History	Travels with Darley	Cook's Country	Christopher Kimball's Milk Street Television	Dining with the Chef	Steven Raichlen's Project Fire	7:30
8:00	Places To Love	Desert Speaks	Great Scenic Railway	Today's Wild West	Texas Parks And Wildlife	Desert Speaks	100 Days, Dinks, Dish...	8:00
8:30	Daytripper	Rick Steves' Europe	Real Road Adventures	My World Too	Beyond Survival	Arizona Wildlife Views	Journeys in Japan	8:30
9:00	Texas Parks And Wildlife	Seeing Canada	100 Days, Drinks, Dish...	Places To Love	Rick Steves' Europe	Today's Wild West	Great Scenic Railway	9:00
9:30	Beyond Survival	Journeys in Japan	Daytripper	Arizona Wildlife Views	Nazi Mega Weapons (8/4, 11, 18) Civilizations (8/25)	My World Too	Real Road Adventures	9:30
10:00	This Old House	World's Greatest Cruises	American Woodshop	Woodsmith Shop		This Old House	American Woodshop	10:00
10:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona		Ask This Old House	Jacques Pepin	10:30
11:00	Innovations in Med...	Bringing It Home	Creative Living	Jazzy Vegetarian		TBD	Check, Please! Arizona	11:00
11:30	Jazzy Vegetarian	Central Texas Gardener	Crossing South	Innovations in Med...			Bringing It Home	Creative Living

Please note: A Pledge drive will be taking place Aug. 13 - 21. As a result, programming will likely differ from the grid above on those days.