

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.							midn.
1:30	Wild Harvest	Journeys in Japan	Daytripper	Arizona Wildlife Views	Seeing Canada	In the Americas	Curious Traveler	1:30
2:00	For programs from 2-5 a.m., please refer to the 5-8 p.m. block.							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Wai Lana Yoga	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.							6:00
7:30	Wild Harvest	Journeys in Japan	Daytripper	Arizona Wildlife Views	American Outdoors with Baratunde Thurston	In the Americas	Curious Traveler	7:30
8:00	This Old House	Places to Love	American Woodshop	Woodsmith Shop		This Old House	American Woodshop	8:00
8:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Greener World	Ask This Old House	Check, Please! Arizona	8:30
9:00	Jazzy Vegetarian	To Dine with Kate Sullivan	Ciao Italia	Moveable Feast with Relish	Lidia's Kitchen	Chef's Life	Cook's Country	9:00
9:30	Christopher Kimball's Milk Street Television	Baking with Julia	Sara's Weekend Meals	America's Test Kitchen	Pati's Mexican Table	Moveable Feast with Relish	Pati's Mexican Table	9:30
10:00	America's Test Kitchen	Sara's Weeknight Meals	Pati's Mexican Table	Dining with the Chef	Project Fire	To Dine with Kate Sullivan	Key Ingredient w/ Sheri C	10:00
10:30	Lidia's Kitchen	Cook's Country	Key Ingredient w/ Sheri C	Cook's Country	Dooky Chase Kitchen	America's Test Kitchen	Project Fire	10:30
11:00	Chef's Life	America's Test Kitchen	Dooky Chase Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking With Julia	Travels with Darley	11:00
11:30	Ciao Italia	Jazzy Vegetarian	Travels with Darley	Cook's Country	Milk Street Television	Dining with the Chef	Travels and Traditions	11:30
noon	Les Stroud's Beyond Survival	Love of Quilting	Travels & Traditions	It's Sew Easy	Places to Love	Arizona Wildlife Views	Arizona Wildlife Views	noon
12:30	Best of Joy of Painting	Quilting Arts	Paint/Travel Rog/Sarah	Best of Sewing with Nancy	Creative Living	Paint This with Jerry	Arizona Collectibles	12:30
1:00	Places to Love	Desert Speaks	Rick Steves' Europe	Weekends with Yankee	Texas Parks and Wildlife	Desert Speaks	In the Americas	1:00
1:30	Daytripper	Rick Steves' Europe	Curious Traveler	In the Americas	Wild Harvest	Arizona Wildlife Views	Journeys in Japan	1:30
2:00	Texas Parks And Wildlife	Outside:Beyond the Lens	In the Americas	Places to Love	Rick Steves' Europe	Trail Mix'd	Rick Steves' Europe	2:00
2:30	Wild Harvest	Journeys in Japan	Daytripper	Arizona Wildlife Views	Seeing Canada	In the Americas	Curious Taveler	2:30
3:00	Places to Love	Les Stroud's Beyond Survival	Love of Quilting	Arizona Wildlife Views	It's Sew Easy	Knit and Crochet Now	L. Stroud's Beyond Survival	3:00
3:30	Creative Living	Best of "Joy of Painting"	Quilting Arts	Painting w/ Rog and Sarah	Best of Sewing with Nancy	Arizona Collectibles	Paint This with Jerry	3:30
4:00	This Old House	Places to Love	American Woodshop	Woodsmith Shop	Chef's Life	This Old House	American Woodshop	4:00
4:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Greener World	Ask This Old House	Check, Please! Arizona	4:30
5:00	Jazzy Vegetarian	To Dine with Kate Sullivan	Ciao Italia	Moveable Feast with Relish	Lidia's Kitchen	Chef's Life	Cook's Country	5:00
5:30	Milk Street Television	Baking with Julia	Sara's Weeknight Meals	America's Test Kitchen	Pati's Mexican Table	Moveable Feast w/ Relish	Pati's Mexican Table	5:30
6:00	America's Test Kitchen	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Key Ingredient w/Sheri C	6:00
6:30	Lidia's Kitchen	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Project Fire	6:30
7:00	Chef's Life	America's Test Kitchen	Dooky Chase Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Travels with Darley	7:00
7:30	Ciao Italia	Jazzy Vegetarian	Travels with Darley	Cook's Country	Milk Street Television	Dining with the Chef	Travels and Traditions	7:30
8:00	Places To Love	Desert Speaks	Rick Steves' Europe	Weekends with Yankee	Texas Parks And Wildlife	Desert Speaks	In the Americas	8:00
8:30	Daytripper	Rick Steves' Europe	Curious Traveler	In the Americas	Wild Harvest	Arizona Wildlife Views	Journeys in Japan	8:30
9:00	Texas Parks And Wildlife	Outside: Beyond the Lens	In the Americas	Places To Love	Rick Steves' Europe	Trail Mix'd	Rick Steves' Europe	9:00
9:30	Wild Harvest	Journeys in Japan	Daytripper	Arizona Wildlife Views	Trail Mix'd	In the Americas	Curious Traveler	9:30
10:00	This Old House	Places to Love	American Woodshop	Woodsmith Shop		Outside: Beyond the Lens	This Old House	American Woodshop
10:30	Ask This Old House	Greener World	Woodsmith Shop	Check, Please! Arizona	Rick Steves' Art: Rome (10/5), Prehistoric (10/12), Baroque (10/19) Middle Ages (10/26)	Ask This Old House	Sarah's Weeknight Meals	10:30
11:00	J. Schwanke's Life in Bloom	Chef's Life	Creative Living	Jazzy Vegetarian		Weekends with Yankee	Check, Please! Arizona	11:00
11:30	Jazzy Vegetarian	Central Texas Gardener	Crossing South	J. Schwanke's Life in Bloom	Chef's Life	Places to Love	Creative Living,	11:30