

# Small changes, big differences.



## Join us for Triple P FEAR-less Takes the guesswork out of parenting

### New positive parenting course starts soon...

- Triple P (Positive Parenting Program) **FEAR-less**
  - **COST: FREE!**
  - Learn and practice Triple P's **FEAR-less** strategies available for parents of children from birth to age 18. Increase competence in promoting healthy development and managing common behaviour problems related to anxiety.
- DATE:** 3 Thursdays in August 15, 22, 29, 2024
- TIME:** 6-8 PM
- Location:** Virtual via Zoom – open to participants throughout Arizona
- PRESENTER:** Kimberly Flack, Senior Director – Education, Arizona PBS Education & Community Impact Unit

**REGISTER here:** <https://forms.gle/tTNe6DFSJFbxmhRD6>

Learn more about free programs and resources for parents, families, children and educators at [azpbs.org/education](http://azpbs.org/education).



[www.triplep-parenting.net](http://www.triplep-parenting.net)