

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.							
1:30	Desert Speaks	Places to Love	America the Bountiful	Celebrity Antique Road Trip	Outside: Beyod the Lens	Celebrity Antiques Road Trip	Places to Love	1:30
2:00			For programs fro	om 2-5 a.m., please refer to the 5	5-8 p.m. block.			2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classicical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00			For programs from	6-7:30 a.m., please refer to the 1	1-2:30 p.m. block.			6:00
7:30	Desert Speaks	Places to Love	America the Bountiful	Celebrity Antiques Road	Outside: Beyone the Lens	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Travels with Darley	Check, Please! AZ	In the Americas	Arizona Wildlife Views	Daytripper	CELEBITEY ATTRIQUES TROUGHTIP	Rick Steves' Europe	8:00
8:30	Outside: Beyond the Lens	Journey's in Japan	Desert Speaks	America the Bountiful	Texas Parks and Wildlife	Trail Mix'd	Rick Steves' Europe	8:30
9:00	Wild Harvest	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sarah's Weeknight Meals	Baking with Julia	Wild Harvest	9:00
9:30	America the Bountiful	Cooks Country	New Scandinavian Cooking	To Dine with Kate Sullivan	Milk Street TV	Dining with the Chef	America the Bountiful	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Project Fire	Baking with Julia	America's Test Kitchen	Check, Please! AZ	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best Joy of Painting	Pocket Sketching w Kath Ma	Love of Quilting	Painting/Travel/Roger/Sarah	Arizona Collectibles	Paint This with Jerry Yarnell	Creative Living	11:00
11:30	Weekends with Yankee	Woodsmith Shop	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd						Arizona Wildlife Views	12:30
1:00	Travelscope	Rick Steve's Euope	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Outside: Beyond the Lens	1:00
1:30	Desert Speaks	Places to Love	America The Bountiful	celebility Altitiques road Trip	Outside: Beyond the Lens		Places to Love	1:30
2:00	Travels with Darley	Check, Please! AZ	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	2:00
2:30	Outside: Beyond the Lens	Journey's In Japan	Desert Speaks	America the Bountiful	Texas Parks and Wildlife	Trail Mix'd	Rick Steves' Europe	2:30
3:00	Wild Harvest	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Bakiing with Julia	Wild Harvest	3:00
3:30	America the Bountiful	Cooks Country	New Scandinavian Cooking	To Dine for w/ Kate Sullivan	Milk Street TV	Dining with the Chef	America the Bountiful	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	Project Fire	Baking with Julia	America's Test Kitchen	Check, Please! AZ	Cook's Country	Sara's Weeknight Meals	4:30
5:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M	Love of Quilting	Painting w/ Rog/Sarah	Arizona Collectibles	Paint This with Jerry Yarnell	Creative Living	5:00
5:30	Weekends with Yankee	Woodsmith Shop	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Porject Fire	6:30
7:00	Travelscope	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Outside: Beyond The Lens	7:00
7:30	Desert Speaks	Places to Love	America the Bountiful	, , , , , , , , , , , , , , , , , , , ,	Outside: Beyone the Lens	Calabrity Anti Dec 4.7	Places to Love	7:30
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