

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							midn.
1:30	Ireland with Michael	Samantha Brown's Places to Love	Wild Travels	Celebrity Antiques Road Trip	In the Americas	Rick Steve's Europe	Outside Beyond the Lens	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							6:00
7:30	Ireland with Michael	Samantha Brown's Places to Love	Wild Travels	Celebrity Antiques Road Trip	Antiques Roadshow	Antiques Roadshow	Places to Love	7:30
8:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steve's Europe	8:00
8:30	Outside Beyond the Lens	Journeys in Japan	Desert Speaks	Wild Travels	Texas Parks and Wildlife	Trail Mix'd	Rick Steve's Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Desert Speaks	9:00
9:30	Wild Travels	Cook's Country	New Scandinavian Cooking	Milk Street's My Family Recipe	Christopher Kimball's Milk Street TV	Dining with the Chef	Wild Travels	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Christopher Kimball's Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Steven Raichlen's Project Fire	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This w/ J. Yarnell	Best of Sewing w/ Nancy	11:00
11:30	Weekends with Yankee	Woodsmith Shop	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Wildlife Views	12:30
1:00	J. Rosendo's Travelscope	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Outside Beyond the Lens	1:00
1:30	Ireland with Michael	Places to Love	Wild Travels	Celebrity Antiques Road Trip	Outside Beyond the Lens	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	2:00
2:30	Outside Beyond the Lens	Journeys in Japan	Desert Speaks	Wild Travels	Texas Parks and Wildlife	Trail Mix'd	Rick Steves' Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Desert Speaks	3:00
3:30	Wild Travels	Cook's Country	New Scandinavian Cooking	My Family Recipe	C. Kimball's Milk Street TV	Dining with the Chef	Wild Travels	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	C. Kimball's Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	S. Raichlen's Project Fire	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	4:30
5:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This with Jerry	Best of Sewing with Nancy	5:00
5:30	Weekends with Yankee	Woodsmith Shop	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	J. Rosendo's Travelscope	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Outside Beyond the Lens	7:00
7:30	Ireland with Michael	Places to Love	Wild Travels		Outside Beyond the Lens		Places to Love	7:30
8:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	8:00
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10:30	Sara's Weeknight Meals	S. Raichlen's Project Fire	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best of the Joy of Painting	Pocket Sketching with Kath MacCaulay	Fons & Porter's Love of Quilting	Quilting Arts	Arizona Collectibles	Paint this w/ Jerry Yarnell	Best of Sewing with Nancy	11:00
11:30	Weekends with Yankee	Woodsmith Shop	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30