

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							midn.
1:30	Ireland with Michael	Places to Love	Burt Wolf: Travels & Traditions	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							6:00
7:30	Ireland with Michael	Places to Love	B.Wolf: Travels & Traditions	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	B.Wolf: Travels & Traditions	Texas Parks and Wildlife	Trail Mix'd	Rick Steves' Europe	8:30
9:00	Desert Speaks	America's Test kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Desert Speaks	9:00
9:30	B.Wolf: Travels & Traditions	Cook's Country	New Scandinavian Cooking	Louisiana Coastal Cooking	Milk Street TV	Dining with the Chefs	B. Wolf: Travels & Traditions	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Kitchen	10:00
10:30	Sara's Weeknight Meals	Homemade Live!	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	F & P's Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This with Jerry Yarnell	Best of Sewing with Nancy	11:00
11:30	Weekends with Yankee	My Money Mentors	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Wildlife Views	12:30
1:00	J. Rosendo's Steppin' Out	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the America's	Rick Steves Europe	Daytripper	1:00
1:30	Ireland with Michael	Places to Love	B. Wolf: Travels & Traditions	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Travels with Darley	Check, Please! Arizona	In the America's	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steve's Europe	2:00
2:30	Daytripper	Journeys in Japan	Desert Speaks	B. Wolf: Travels & Traditions	Texas Parks & Wildlife	Trail Mix'd	Rick Steve's Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Baking with Julia	Desert Speaks	3:00
3:30	B.Wolf: Travels & Traditions	Cook's Country	New Scandinavian Cooking	Louisiana Coastal Cooking	Milk Street TV	Dining with the Chef	B.Wolf: Travels & Traditions	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	Homemade Live!	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight MEals	4:30
5:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	F & P's Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This w/ Jerry Yarnell	Best of Sewing with Nancy	5:00
5:30	Weekends with Yankee	My Money Mentors	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	J. Rosendo's Steppin' Out	Rick Steve's Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steve's Europe	Daytripper	7:00
7:30	Ireland with Michael	Places to Love	B. Wolf: Travels & Traditions	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
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10:00	Patti's Mexican Table	Pati's Mexican Table	Sara's Weeknight Meals	Milk Street TV	Lidia's Kitchen	Lidia's Kitchen	Patti's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Homemade Live!	Baking with Julia	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
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