

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.							midn.
1:30	Bare Feet with Mickela Mallozzi	Places to Love	Wild Nevada	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Samantha Brown's Places to Love	1:30
2:00	For programs from 2-5 a.m., please refer to the 5-8 p.m. block.							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.							6:00
7:30	Bare Feet w/ Mickela M.	Places to Love	Wild Nevada	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Travels with Darley	Check, Please Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Wild Nevada	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Lucky Chow	Desert Speaks	9:00
9:30	Wild Nevada	Cook's Country	Life of Loi: Mediterranean Secrets	Louisiana Coastal Cooking	Christopher Kimball's Milk Street TV	Dining with the Chef	Wild Nevada	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	To Dine For with K. Sullivan	Milk Street TV	Life of Loi	America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Homemade Live!	Lucky Chow	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This with Jerry Y.	Best of Sewing w/ Nancy	11:00
11:30	Weekends with Yankee	America the Bountiful	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Wildlife Views	12:30
1:00	J. Rosendo's Steppin' Out	Rick Steves Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves Europe	Daytripper	1:00
1:30	Bare Feet w/ Mickela M.	Places to Love	Wild Nevada	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves Europe	2:00
2:30	Daytripper	Journeys in Japan	Desert Speaks	Wild Nevada	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Lucky Chow	Desert Speaks	3:00
3:30	Wild Nevada	Cook's Country	Life of Loi: Med. Secrets	Louisiana Coastal Cooking	Milk Street TV	Dining with the Chef	Wild Nevada	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	To Dine For with K. Sullivan	Milk Street TV	Life of Loi	America's Test Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	Homemade Live!	Lucky Chow	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	4:30
5:00	Best of the Joy of Painting	Pocket Sketching w/ Kath M.	Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This with Jerry Y.	Best of Sewing w/ Nancy	5:00
5:30	Weekends with Yankee	America the Bountiful	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30							Arizona Wildlife Views	6:30
7:00	Trail Mix'd	Rick Steves Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves Europe	Daytripper	7:00
7:30	J. Rosendo's Steppin' Out	Places to Love	Wild Nevada	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Travels with Darley	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Wild Nevada	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Sara's Weeknight Meals	Lucky Chow	Desert Speaks	9:00
9:30	Wild Nevada	Cook's Country	Life of Loi: Mediterranean Secrets	Louisiana Coastal Cooking	Milk Street TV	Dining with the Chef	Wild Nevada	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	To Dine For with K. Sullivan	Milk Street TV	Life of Loi		Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Homemade Live!	Lucky Chow	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Sara's Weeknight Meals	10:30
11:00	Best of the Joy of Painting	Pocket Sketching with Kath MacCaulay	Fons & Porter's Love of Quilting	Quilting Arts	Arizona Collectibles	Paint This with Jerry Y.	Best of Sewing with Nancy	11:00
11:30	Weekends with Yankee	America the Bountiful	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30