

Small changes, big differences.



Join us for Triple P FEAR-less Takes the guesswork out of parenting This positive parenting course starts soon...

- Triple P (Positive Parenting Program) **FEAR-less**
 - **COST: FREE!**
 - Learn and practice Triple P's **FEAR-less** strategies available for parents of children from birth to age 5. Increase competence in promoting healthy development and managing common behaviour problems related to anxiety.
- DATE:** VIRTUALLY on Thursdays –October 23, 30, and November 6th
- TIME:** 6 – 8 pm
- Location:** ZOOM! (a link will be emailed ahead of the start time)
- PRESENTERS:** Kim Flack, Misty Standeford – ARIZONA PBS Education

REGISTER here: <https://forms.gle/73F1LaRuDGixq2v87>

Learn more about free programs and resources for parents, families, children and educators at azpbs.org/education.



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