

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.							midn.
1:30	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Samantha Brown's Places to Love	1:30
2:00	For programs from 2-5 a.m., please refer to the 5-8 p.m. block.							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.							6:00
7:30	Joseph Rosendo's Steppin' Out	Samantha Brown's Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steve's Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	J. Rosendo's Steppin' Out	Texas Parks and Wildlife	Trail Mix'd	Rick Steve's Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Weekends with Yankee	Cook's Country	Relish	Fork and Hammer	Christopher Kimball's Milk Street TV	Dining with the Chef	Weekends with Yankee	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	Christopher Kimball's Milk Street TV	Relish	America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	My Greek Table	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious	10:30
11:00	Best of the Joy of Painting	Garden Smart	Love of Quilting	Quilting Arts	Arizona Collectibles	Painting w/ Roger and Sarah	Best of Sewing w/ Nancy	11:00
11:30	Weekends with Yankee	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	People of the North	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Wildlife Views	12:30
1:00	In The Americas	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Daytripper	1:00
1:30	J. Rosendo's Steppin' Out	Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	2:00
2:30	Daytripper	Journeys in Japan	Desert Speaks	J. Rosendo's Steppin' Out	Texas Parks and Wildlife	Trail Mix'd	Rick Steves' Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	3:00
3:30	Weekends with Yankee	Cook's Country	Relish	Fork and Hammer	C. Kimball's Milk Street TV	Dining with Chef	Weekends with Yankee	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	C. Kimball's Milk Street TV	Relish	America's Test Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	My Greek Table	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious	4:30
5:00	Best of the Joy of Painting	Garden Smart	Sit and be Fit	Quilting Arts	Arizona Collectibles	Painting w/ Roger and Sarah	Best of Sewing with Nancy	5:00
5:30	People of the North	Ask This Old House	Classical Stretch	This Old House	Ask This Old House	People of the North	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	In The Americas	Rick Steves' Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves' Europe	Daytripper	7:00
7:30	J. Rosendo's Steppin' Out	Places to Love	Weekends with Yankee		Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Outside Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves' Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	J. Rosendo's Steppin' Out	Texas Parks And Wildlife	Trail Mix'd	Rick Steves' Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Weekends with Yankee	Cook's Country	Relish	Fork and Hammer	Christopher Kimball's Milk Street TV	Dining with the Chef	Weekends with Yankee	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	C. Kimball's Milk Street TV	Relish		Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	My Greek Table	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious	10:30
11:00	Best of the Joy of Painting	Garden Smart	Fons & Porter's Love of Quilting	Quilting Arts	Arizona Collectibles	Painting and Travel with Roger and Sarah	Best of Sewing with Nancy	11:00
11:30	People of the North	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	People of the North	This Old House	11:30