

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							
1:30	Ireland with Michael	Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Samantha Brown's Places to Love	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							
7:30	Ireland with Michael	Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Ireland with Michael	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Weekends with Yankee	Cook's Country	Relish	Fork & Hammer	Christopher Kimball's Milk Street TV		Dining with the Chef	Weekends with Yankee
10:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	Milk Street TV	Relish	America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	My Greek Table with Diane Kochil	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious with Vivian	10:30
11:00	Best of the Joy of Painting	Garden Smart	Fons and Porter's Love of Quil	Quilting Arts	Arizona Collectibles	Painting and Travel	Best of Sewing w/ Nancy	11:00
11:30	People of the North	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	People of the North	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd						Arizona Wildlife Views	12:30
1:00	In the Americas with David Y	Rick Steves Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves Europe	Daytripper	1:00
1:30	Ireland with Michael	Places to Love	Weekends with Yankee		Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves Europe	2:00
2:30	Daytripper	Journeys in Japan	Desert Speaks	Ireland with Michael	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	3:00
3:30	Weekends with Yankee	Cook's Country	Relish	Fork & Hammer	Milk Street TV	Dining with the Chef	Weekends with Yankee	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	Milk Street TV	Relish	America's Test Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	My Greek Table	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious	4:30
5:00	Best of the Joy of Painting	Garden Smart	Fons and Porter's Love of Quil	Quilting Arts	Arizona Collectibles	Painting and Travel	Best of Sewing w/ Nancy	5:00
5:30	People of the North	Ask This Old House	American Woodshop	This Old House	Ask This Old House	People of the North	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	In the Americas	Rick Steves Europe	Places to Love	Celebrity Antiques Road Trip	In the Americas	Rick Steves Europe	Daytripper	7:00
7:30	Ireland with Michael	Places to Love	Weekends with Yankee	Celebrity Antiques Road Trip	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Ireland with Michael	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Kitchen Curious	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Weekends with Yankee	Cook's Country	Relish	Fork & Hammer	Milk Street TV	Dining with the Chef	Wild Nevada	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Kitchen Curious	Milk Street TV		Relish	America's Test Kitchen	Pati's Mexican Table
10:30	Sara's Weeknight Meals	My Greek Table	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Kitchen Curious	10:30
11:00	Best of the Joy of Painting	Garden Smart	Fons & Porter's Love of Quil	Quilting Arts		Arizona Collectibles	Painting and Travel	Best of Sewing with Nancy
11:30	People of the North	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	People of the North	This Old House	11:30