

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	<i>For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.</i>							midn.
1:30	Curious Traveller	Samantha Brown's Places to Love	Burt Wolf / Savers of Flavor	Celebrity Antiques Roadshow	Daytripper	Celebrity Antiques Roadshow	Samantha Brown's Places to Love	1:30
2:00	<i>For programs from 2-5 a.m., please refer to the 5-8 p.m. block.</i>							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	<i>For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.</i>							6:00
7:30	Curious Traveller	Samantha Brown	Burt Wolf / Savers of Flavor	Celebrity Ant. Roadshow	Daytripper	Celebrity Antiques Roadshow	Samantha Brown	7:30
8:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves' Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Curious Traveller	Texas Parks & Wildlife	Trail Mix'd	Rick Steves' Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Indian as Apple Pie	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Burt Wolf / Savers of Flavor	Cook's Country	Christina Cooks	Julia Child	Milk Street	Dining with the Chef	Burt Wolf / Savers of Flavor	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Indian as Apple Pie	Milk Street	Christina Cooks	America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Farmer and the Foodie	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Indian as Apple Pie	10:30
11:00	Best of the Joy of Painting	Garden Smart	Love of Quilting	Quilting Arts	Arizona Collectibles	Painting & Travel	Best of Sewing	11:00
11:30	Weekends w/ Yankee	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	Weekends w/ Yankee	Travels and Traditions	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd						Arizona Wildlife Views	12:30
1:00	In the Americas	Rick Steves' Europe	Samantha Brown's Places...	Celebrity Antiques Roadshow	In the Americas	Rick Steves' Europe	Daytripper	1:00
1:30	Curious Traveller	Rick Steves' Europe	Burt Wolf / Savers of Flavor		Daytripper	Celebrity Antiques Roadshow	Samantha Brown's Places...	1:30
2:00	Outside: Beyond the Lens	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves' Europe	2:00
2:30	Daytripper	Journeys in Japan	Desert Speaks	Curious Traveller	Texas Parks & Wildlife	Trail Mix'd	Rick Steves' Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Indian as Apple Pie	Sara's Weeknight Meals	Desert Speaks	3:00
3:30	Burt Wolf / Savers of Flavor	Cook's Country	Christina Cooks	Julia Child	Milk Street	Dining With the Chef	Burt Wolf / Savers of Flavor	3:30
4:00	Pati's Mexican Table	Pati's Mexican Table	Indian Apple Pie	Milk Street	Christina Cooks	America's Test Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	Farmer and the Foodie	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Indian as Apple Pie	4:30
5:00	Best of the Joy of Painting	Garden Smart	Love of Quilting	Quilting Arts	Arizona Collectibles	Painting and Travel	Best of Sewing	5:00
5:30	Weekends with Yankee	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	In the Americas	Rick Steves' Europe	Samantha Brown	Celebrity Antiques Roadshow	In the Americas	Rick Steves' Europe	Daytripper	7:00
7:30	Curious Traveller	Samantha Brown	Burt Wolf / Savers of Flavor		Daytripper	Celebrity Antiques Roadshow	Samantha Brown	7:30
8:00	Daytripper	Journeys in Japan	In the Americas	Arizona Wildlife Views	Daytripper		Rick Steves' Europe	8:00
8:30	Daytripper	Rick Steves' Europe	Curious Traveler	In the Americas	Wild Harvest	Arizona Wildlife Views	Journeys in Japan	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Indian as Apple Pie	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Burt Wolf / Savers of Flavor	Cook's Country	Christina Cooks	Julia Child	Milk Street	Dining With the Chef	Burt Wolf / Savers of Flavor	9:30
10:00	This Old House	Places to Love	American Woodshop	Woodsmith Shop	Christina Cooks		America's Test Kitchen	Pati's Mexican Table
10:30	Sara's Weeknight Meals	Farmer and the Foodie	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Indian as Apple Pie	10:30
11:00	Best of the Joy of Painting	Garden Smart	Love of Quilting	Quilting Arts	Arizona Collectibles	Painting and Travel	Best of Sewing	11:00
11:30	Weekends w/ Yankee	Ask This Old House	Woodsmith Shop	This Old House	Ask This Old House	Weekends w/ Yankee	This Old House	11:30