

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
midn.	For programs from midnight-1:30 a.m., please refer to the 8-9:30 p.m. block.							midn.
1:30	Curious Traveler	Places to Love	Curious Traveler	Joseph Rosendo's Steppin' Out	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	For programs from 2-5 a.m., please refer to the 5-8 p.m. block.							2:00
5:00	Yoga in Practice	Classical Stretch	Sit and Be Fit	Wai Lana Yoga	Classical Stretch	Wai Lana Yoga	Yoga in Practice	5:00
5:30	Classical Stretch	Wai Lana Yoga	Classical Stretch	Yoga in Practice	Classical Stretch	Sit and Be Fit	Classical Stretch	5:30
6:00	For programs from 6-7:30 a.m., please refer to the 1-2:30 p.m. block.							6:00
7:30	Curious Traveler	Places to Love	Curious Traveler	Joseph Rosendo's Steppin' Out	Daytripper	Celebrity Antiques Road Trip	Places To Love	7:30
8:00	Joseph Rosendo's Steppin' Out	Check, Please Arizona	In The Americas	Arizona Wildlife Views	Daytripper		Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Curious Traveler	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Relish	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Food Curated	Cook's Country	Dook Chase: A chef's Journey	Julia Child- Cooking with Master Chefs	Christopher Kimball's Milk Street TV	Dining with the Chef	Food Curated	9:30
10:00	Pati's Mexcan Table	Pati's Mexican Table	Food Curated	Milk Street TV	Dook Chase	America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Lucky Chow	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Relish	10:30
11:00	Best of the Joy of Painting	Garden Smart	Follow the Blooms	This Old House	Arizona Collectibles	This Old House	Weekends with Yankee	11:00
11:30	Weekends with Yankee	America the Bountiful	American Woodshop	This Old House	Ask This Old House	Weekends with Yankee	This Old House	11:30
noon	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	noon
12:30	Trail Mix'd	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Wildlife Views	12:30
1:00	In the Americas	Rick Steves' Europe	Places to Love	Made with Love	In The Americas	Rick Steves Europe	Daytripper	1:00
1:30	Curious Travler	Places to Love	Curious Traveler	Joseph Rosendo's Steppin' Out	Daytripper	Celebrity Antiques Road Trip	Places to Love	1:30
2:00	Joseph Rosendo's Steppin' Out	Check, Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves Europe	2:00
2:30	Day Tripper	Journeys in Japan	Desert Speaks	Curious Travler	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	2:30
3:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Relish	Sara's Weeknight Meals	Desert Speaks	3:00
3:30	Food Curated	Cook's Country	Dook Chase	Julia Child	Milk Street TV	Dining with the Chef	Food Curated	3:30
4:00	Patti's Mexican Table	Patti's Mexican Table	Food Curated	Milk Street TV	Dook Chase	America's Test Kitchen	Pati's Mexican Table	4:00
4:30	Sara's Weeknight Meals	Lucky Chow	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Relish	4:30
5:00	Best of the Joy of Painting	Garden Smart	Follow the Blooms	This Old House	Arizona Collectibles	This Old House	Weekends with Yankee	5:00
5:30	Weekends with Yankee	Best of Sewing	Love of Quilting	Ask this Old House	Quilting Arts	Ask This Old House	Made with Love	5:30
6:00	Arizona Wildlife Views	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	Arizona Collectibles	6:00
6:30	Trail Mix'd						Arizona Wildlife Views	6:30
7:00	In the Americas	Rick Steves' Europe	Places to Love	Made with Love	In The Americas	Rick Steves Europe	Daytripper	7:00
7:30	Curious Traveler	Places to Love	Curious Traveler	Joseph Rosendo's Steppin'	Daytripper	Celebrity Antiques Road Trip	Places to Love	7:30
8:00	J. Rosendo's Steppin Out	Check Please! Arizona	In the Americas	Arizona Wildlife Views	Daytripper	Celebrity Antiques Road Trip	Rick Steves Europe	8:00
8:30	Daytripper	Journeys in Japan	Desert Speaks	Curious Traveler	Texas Parks and Wildlife	Trail Mix'd	Rick Steves Europe	8:30
9:00	Desert Speaks	America's Test Kitchen	Lidia's Kitchen	Pati's Mexican Table	Relish	Sara's Weeknight Meals	Desert Speaks	9:00
9:30	Food Curated	Cook's Country	Dook Chase	Julia Child	Milk Street TV	Dining with the Chef	Food Curated	9:30
10:00	Pati's Mexican Table	Pati's Mexican Table	Food Curated	Milk Street TV		America's Test Kitchen	Pati's Mexican Table	10:00
10:30	Sara's Weeknight Meals	Lucky Chow	Sara's Weeknight Meals	America's Test Kitchen	Check, Please! Arizona	Cook's Country	Relish	10:30
11:00	Best of the Joy of Painting	Garden Smart	Follow the Blooms	This Old House	Arizona Collectibles	This Old House	Weekends with Yankee	11:00
11:30	Weekends with Yankee	Best of Sewing	Love of Quilting	Ask This Old House	Quilting Arts	Ask This Old House	Made with Love	11:30